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# THE RIVER WEEKLY NEWS

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Vol. 15, No. 17

From the Beaches to the River District downtown Fort Myers

APRIL 29, 2016

## Artists' Talk On Rauschenberg Collaborations

**D**onald Saff and Lawrence Voytek will be returning to the Bob Rauschenberg Gallery at Florida SouthWestern (FSW) State College for a presentation on Saturday, April 30 at 1 p.m. The presentation is in conjunction with the current Rauschenberg & Albers: Box Vs. Square exhibition. While on site to record conversations for the official Robert Rauschenberg Foundation/Columbia University – Rauschenberg Oral History Project, there will be a public exchange about both Saff's and Voytek's work, and decades-long relationships with Rauschenberg.

In a 1992 interview with Jade Dellinger, Rauschenberg said, "I did not begin with any expectations or preconceptions. I love and respect collaboration."

Saff is an artist, art historian and educator who founded the Graphicstudio/Institute for Research in Art at the University of South Florida in Tampa in



Donald Saff with the late Robert Rauschenberg

1968. Saff collaborated with many of the most significant artists of the 20th century including numerous experimental print and sculptural projects with Bob Rauschenberg. He served as artistic director for Rauschenberg Overseas Culture Interchange (ROCI, 1984-91), a worldwide initiative for positive social

change with art exchanges and resulting exhibitions as the catalyst. In 1991, Saff established Saff Tech Arts (later Saff and Company) in Oxford, Maryland, where he continued to work with Rauschenberg to create series including Eco-Echo (1992-93), Shales (1994-95), and Arcadian Retreat (1996). Their Made in Tampa

(1972-73) works on view currently in Rauschenberg & Albers: Box Vs. Square were the first editions Saff and Rauschenberg produced in collaboration. Emeritus dean and a distinguished professor at USF, Saff was also formerly the senior curator of prints and drawings at the Solomon R. Guggenheim Museum in New York. His prolific career has been documented in Marilyn Kushner's book *Donald Saff: Art In Collaboration* (2010).

Born in Bridgeport, Connecticut, Voytek studied at the San Francisco Art Institute and received his degree in sculpture from RISD in 1982. After meeting Robert Petersen at Edison College (now FSW), Voytek was introduced to and immediately hired by Bob Rauschenberg that same year to serve as sculpture fabricator and later director of production. Voytek was tasked with welding and casting, but he was also in charge of research and development at the Captiva studio until the artist's death in 2008. Since Rauschenberg's passing, Voytek has completed approved works and has regularly consulted on the subjects of art installation, fabrication and restoration with renowned international

continued on page 21



Water totem sculpture

## Happenings At Davis Art Center

**D**uring the May 6 downtown Fort Myers Art Walk, Punta Gorda artisans will hold a group art collaboration exhibit featuring personal paintings, sculptures, photography, fashion and body art.

It will take place in the Grand Atrium at the Davis Art Center and will remain on display until May 24, when there will be an art talk and closing party from 6 to 8 p.m. General admission is \$5.

On May 12, there's a Connect Networking session. These meetings are held the second Thursday of every month from 5:30 to 7:30 p.m. Admission is \$10 and includes raffle prizes and appetizers. Vendor tables are \$30.

Digital Lee, an annual design competition and exhibit for technology students in middle, high and post-secondary schools in Lee County, is slated for May 13. This competition is an opportunity for the community to experience graphic design, video game development and web design completed by students. Admission is free. It takes place in Capital Gallery May 13 to 25.

Beginning May 20, the 4P Music Network meets and performs during Music Walk, held the third Friday every month on the steps of the Sidney & Berne Davis Art Center. An open invitation is extended to all music students, local performers

continued on page 23

## Mother's Day Tea With Mina And Clara At Estates

**O**n Sunday, May 8 at 11 a.m., Mina Edison and Clara Ford living history characters will host a Mother's Day Tea at the Edison & Ford Winter Estates. The two socialites will talk about their lives with the famous inventors, Thomas and Henry, and the time spent at their winter estates.

This popular, informal play series is entertaining and educational. Following the tea, Mina and Clara will take guests inside Edison's and Ford's winter home for a behind-the-scenes tour.

For a special Mother's Day treat, there

continued on page 20



Treat mom to a cup of tea with the living history characters of the famous inventors

photo courtesy of Edison & Ford Winter Estates

## Taste Of The Beach Is This Sunday

**T**he Greater Fort Myers Beach Area Chamber of Commerce will hold the 21st annual Taste of the Beach on Sunday, May 1. It will include approximately 16 restaurants plus promotional vendors and live music by Jo List and Friends from noon to 4 p.m.

Local restaurants will serve up samples of their signature dishes available for purchase. They will also be competing for the top Taste of the Beach Awards in several categories including Best Appetizer, Best Dessert, Best Meat, Best Chicken Dish, Best Seafood Dish, Best Decorated Booth and People's Choice. There will also be the spirited Server Obstacle Course Competition.

The festival gates will open at 11 a.m. and food will be served until it runs out or until

continued on page 18





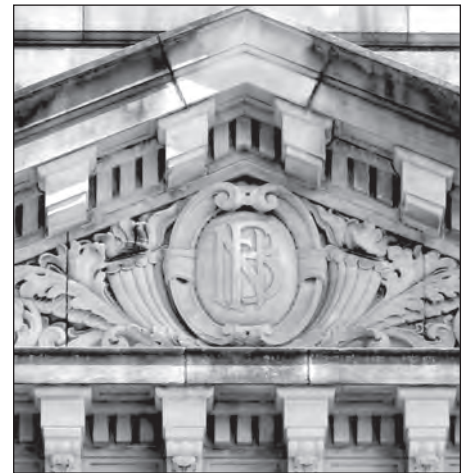
Art Deco glass in a former hardware store



An exotic style and faux-historical flourish



A pleasing curve among the angles



The letters "FNB" reveal a building's history



A new city seal for boom times  
photos by Gerri Reaves

Historic Downtown Fort Myers, Then And Now:

## Look Up For History Clues

by Gerri Reaves, PhD



**D**owntown is such a vibrant and busy place these days that it can be a challenge to navigate the sidewalk along First Street.

There's a lot to be occupied with – scurrying around restaurant tables, enjoying art work, marveling at window displays, listening to street musicians, reading posted menus, watching fascinating people and pets – not to mention simply taking in the ambience of the historic River District.

So it's no wonder that we seldom glance above eye level at the familiar historic buildings.

Before you read any further, see if you can identify the location of these photos. Each pictures an architectural or ornamental detail located on First Street between Broadway and Lee, a scene you probably passed by many times.

First stop... as you begin your walk eastward from Broadway, notice the upper corner of the Franklin Shops to see what is probably downtown's most outstanding example of 1930s Art Deco flair – Carrara glass tiles and glass-block transom windows.

The former Franklin Hardware Store was built in 1937 by WP Franklin and operated for decades as such. It was redeveloped several years ago; before that, it was vacant for a time, after having been a thrift shop for years.

The renovation preserved some of the building's most interesting features, like those numerous glass blocks and tiles as well as the terrazzo floor.

Continue towards Hendry Street and you'll encounter what might be downtown's most ornamental spot over the entrance to a cafe.

The Leon Building on the southwest corner acquired those Exotic Revival architectural embellishments in the early 19-teens, when Peter Tonnelier bought the building and renovated it. It was originally very plain – it wasn't called the Stone Block for nothing. And an unadorned Stone Block is just what it looked like when it was built in 1905.

The Leon's scrolled columns, ornate balconies and medieval escutcheon certainly add a decorative touch to downtown and they are reminders of the 19-teens boom that preceded the one of the 1920s, when the Mediterranean Revivalist style predominated.

For a sharp stylistic contrast, gaze across Hendry at the imposing granite structure in the Neo-Classical Revival style. How odd that it was built in 1914, about the same time that the Leon was acquiring its whimsical faux-historical flourishes.

Those overlapping letters, F, N and B, which are engraved in the pediment, stand for First National Bank. Strangely enough, the bank, chartered in 1907, was originally located in the Stone Block before it moved across the street in 1914 to the newly constructed granite building.

Today, a law firm occupies the elegant former bank.

Glance across First to see a downtown idiosyncrasy, the rounded corner of the Bradford Building, which was built in the Italian Renaissance style as a hotel in 1905.

There's something aesthetically appealing about that curving three-story brick corner amidst a landscape of hard angles.

That corner in the heart of downtown now houses a bank, its ATM nestled into the curve where in decades past, customers entered a hardware store and, later, a drug store.

continued on page 18

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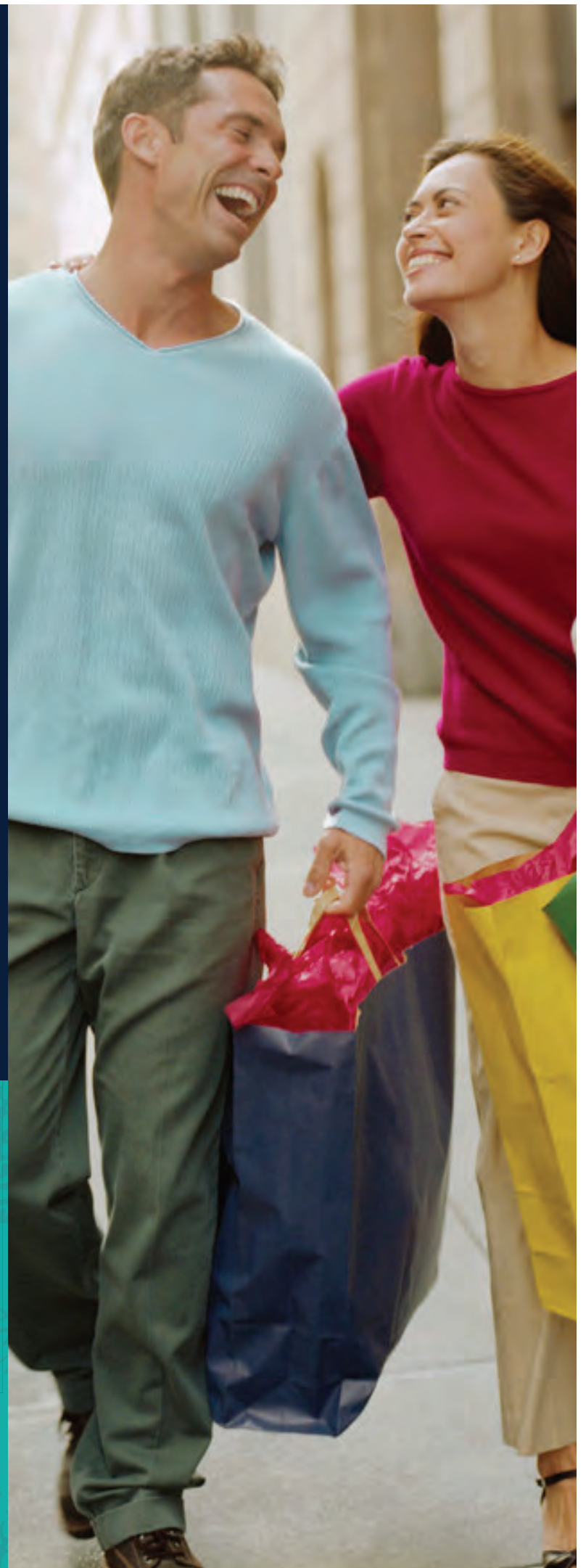
**HOURS**    **Monday-Saturday, 9am-9pm**  
**Sunday, 10am-6pm**

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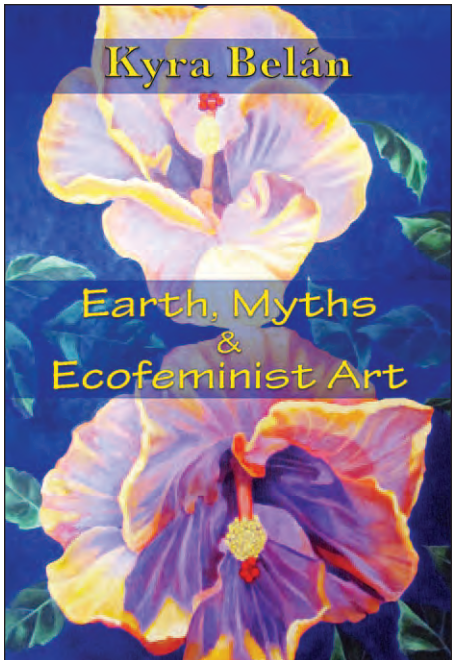
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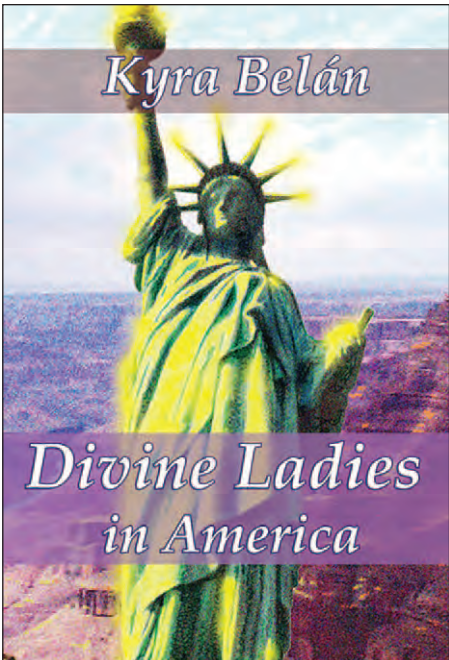




## Book Signing And Artist Discussion

Kyra Belán, artist, writer and Cape Coral resident, will discuss and sign her new books, *Divine Ladies in America* and *Earth, Myths, & Ecofeminist Art*, at the Edison Ford Shoppe in Bell Tower Shops from 5:30 to 7 p.m. on Thursday, May 5.

The *Divine Ladies* details mythical women who are a part of the American culture. *Earth, Myths, & Ecofeminist Art* focuses on the paintings, drawings, installations and performance art Belán



created for three decades.

Belán is currently exhibiting over 30 large-scale paintings and drawings, titled *Magical Paradise*, at the Broadway Palm Dinner Theatre's Art Gallery, 1380 Colonial Boulevard in Fort Myers, through May 14.

Her work can also be found at the Island Conclave Fine Art Gallery in Bokeelia and Edison Ford in Fort Myers.

Dr. Belán, BFA, MFA and EdD, is the Otto M. Burkhardt endowed chair and professor of art and art history emerita at Broward College.

For more information, visit [kyrabelan.com](http://kyrabelan.com) or call 954-829-2788.✧



Dr. Kyra Belán with some of her works

## Shakespearean Favorite At Lab Theater

The Romantic comedy *Twelfth Night* is now playing at The Laboratory Theater of Florida.

Orsino is infatuated with Olivia, but she is interested in the messenger boy that Orsino sends to plead his case. Unfortunately, the "boy," Cesario, isn't a

boy at all. And, to complicate things further, she's in love with Orsino. This comedy is full of the best of Shakespeare's characters including narcissists, drunks and even a Puritan.

The Laboratory Theater is celebrating the life of William Shakespeare with this zany comedy on the quadricentennial anniversary of the Bard's death on April 23, 1616. "The contribution of William Shakespeare to the literary and theatrical world is tremendous," said Artistic Director Annette Trossbach. "We love presenting classical theater at the Lab, and Shakespeare is a personal favorite of mine. *Twelfth Night* is going to be a

## HORTOONS



Cesario and Olivia Holga

wild ride."

Previous classic theater productions by The Laboratory Theater crew are *Othello*, *Hamlet*, *Romeo and Juliet*, *Macbeth*, all by Shakespeare, and *Women Beware Women* by Middleton.

Director Nykkie Rizley has led her cast to untangle the nuance. "It's all Cumfuddled... Can I make up that word? Everyone is worried about their libido and their image and reputation. Then the heart has to go and get all involved and screw everything up. That

continued on page 23



Fort Myers Art:

# Arbor Day Is Observed At Edison & Ford Winter Estates



by Tom Hall

The first Arbor Day celebration was held in Nebraska City in 1872 and as many as one million trees were planted in Nebraska. Thomas and Mina Edison planted coconuts along the fence line in celebration of

the holiday for many years. And the late Berne Davis revived the tradition.

Over the years, many trees have been planted at Edison Ford in celebration of National Arbor Day, including mangoes, Hong Kong orchids, live oaks, geiger, citrus, calabash, royal poinciana and jacaranda. Edison Ford has become a well-known historic garden and home to hundreds of tropical trees. Many are champion-sized like the historic banyan that sits at the entrance to the museum.

Arbor Day will continue at Edison & Ford Winter Estates this Friday, April 29 at 9 a.m. when trees will be planted by students from the Edison Park School under the direction of Edison Ford Horticulturist Debbie Hughes to commemorate the day. As part of the annual celebration at Edison Ford, students from Edison Park Creative and Expressive Arts Elementary will paint coconuts from the

palms at Edison Ford, and this year they will also plant the sprouted palms. And students from the 2nd grade class of Mrs. Schwartz will bring this year's newly painted coconuts as well as learn how to plant the sprouting palms from previous years.

Berne Davis credited her love of gardens, gardening and landscape design to Mina Edison, whose legendary civic leadership, love of landscaping and involvement in garden clubs like the Periwinkle not only inspired Davis to restore Mina Edison's moonlight garden, but initiate sweeping landscaping improvements at the Fort Myers Country Club during her tenure as the first president of the Fort Myers Women's Golf Association. She also established the garden at the Fort Myers Lee County Garden Council on Virginia Street and gave Florida Gulf Coast University \$620,159 in 2006 (that was augmented by \$434,411 from the State of Florida Major Gifts Fund) to create an endowed chair for landscape design and horticultural education and research.

For more information on the Edison Ford's Arbor Day observance, call 334-7419 or visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org). For more on Bernese Barfield Davis, purchase a copy of *Female Pioneers of Fort Myers: Women Who Made a Difference in the City's Development* by Robin C. Tuthill and Tom Hall. The book is available on

Amazon and in the gift shops at the Edison Ford Winter Estates.

Portraits of Berne Davis and Mina Edison can be viewed through May 27 inside the historic Caretaker's Cottage at the Edison Ford Estates. They are part of 27 portraits rendered by 18 local artists of Fort Myers Founding Females.

## Abstract Exhibit At Arts For ACT

Katherine Boren will be the featured artist in the main gallery at the Arts for ACT Gallery during May. The opening will be held on Friday, May 6 from 6 to 10 p.m. during Fort Myers Art Walk.

Boren's series of new works, entitled *Textures-Tones*, continues and expands her exploration of multiple mediums evoking various emotions, events and places utilizing nonrepresentational techniques.

By focusing on using a predominantly monochromatic palette and utilizing a combination of nontraditional and found materials in unexpected ways, her new works emphasize the reflection of light, varying textures and shapes, and differing grades of color saturation, while addressing universal experiences, environments, and feelings in an intuitive manner. She emphasizes the use of color, form and texture to evoke emotional and psychological reactions to her art.

The artist states that her most successful work utilizes a base hue and uses its shades, tones and tints to encourage further exploration by the viewer.

Originally from New York, Boren studied at New York University and the New School. She graduated with an emphasis in sculpture from the State University of New York. Her work has been exhibited



The late Berne Davis, pictured at Edison Ford with Debbie Hughes at a previous year's event, was credited in reviving Arbor Day celebrations at Edison & Ford Winter Estates

at numerous venues in solo, group, juried and member shows. More information on her work can be found at [www.katherineboren.com](http://www.katherineboren.com).

The Arts for ACT Gallery is located at 2265 First Street in the downtown Fort Myers River District.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱



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Brent Kettler, Sarah Owen and Paul Carlisle

## Foundation Marks Anniversary With Photo Exhibit

The Southwest Florida Community Foundation celebrates its 40th anniversary this year, and as part of that celebration, a special exhibit donated by commercial photographer Brian Tietz, called Faces of Philanthropy, is now on display at the foundation office.

"Faces of Philanthropy is a celebration of the giving spirit in Southwest Florida," said Sarah Owen, president and CEO of the Southwest Florida Community Foundation. "It all started when Brian Tietz offered the gift of his talent to capture the essence of Southwest Florida philanthropists through his portraits. I can't think of a more fitting way to celebrate our



Nina and Don Paight and Tina and Clifford Parker



Sam Stewart, Marilyn Leland and Ann and Tom Smoot

40-year history and honor the legacy of our founders than by capturing the faces of those who are making a difference in our community now."

More than 65 photos are part of the exhibit and include those from all walks of life and individuals as young as 8 years of age up to 90. Subjects, who were nominated for their philanthropy, include a judge, retired teachers, business owners, attorneys, entrepreneurs, community volunteers, donors and community foundation fund



Grayson, Brian and Noelle Tietz



David Clark



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"My goal with shooting Faces of Philanthropy portraits was to try and capture an unguarded moment with each subject, capturing just them as themselves, and not a public persona that people, especially those well known in their community, sometimes feel they have to project," said Tietz.

Tietz is based in Fort Myers and specializes in portrait and lifestyle images.

The exhibit is open to the public



Leslie and Ron Ezerski

through the summer months during regular community foundation business hours, Monday through Friday, 8:30 a.m. to 4 p.m. Call ahead to ensure viewing rooms are accessible.

The Southwest Florida Community Foundation, founded in 1976, connects donors and their philanthropic aspirations with evolving community needs. It is located at 8771 College Parkway.

For information, call 274-5900 or visit [floridacommunity.com](http://floridacommunity.com).

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# Life Enrichment Series

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### Discover Shell Point: Presentation & Tour

May 3, 11, 17, 25 & 31 at 9:30

Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. **Admission is free.** Call (239) 228-4080 or 1-800-780-1131 to reserve your place.



### May 3 Behind the Scenes of *The Assassin's Honor*

at 10am. Travel with author Robert Macomber as he shares the backstory of his latest historical espionage thriller, *The Assassin's Honor*. Highlights from Macomber's book focus on the exotic Mayan coast of Mexico, the shadowy world of Havana, the back alleys of Key West, and Tampa's quaint Spanish quarter of Ybor City – and events that transpired there 120 years ago, changing world history. **Tickets are \$10.** Call (239) 489-8472 to reserve your place.\*



**The Academy  
of Lifelong Learning**

### Every Tuesday in May English History and Culture – Five Sessions

from 4:30pm to 6pm. Professor Adrian Kerr hosts this class, designed for anyone with an interest in English history and culture. Rather than focusing on dates, this lecture series will recount the lives and times of England's most famous kings, queens, and leaders. He will also examine England's cultural impact, which spans the modern world. **Tickets are \$10 each session.** Call (239) 489-8472 to reserve your place.\*



**The Academy  
of Lifelong Learning**

### May 10 The Great Armadas

at 10am. Author Robert Macomber shares the fascinating story of Spain's fabled Treasure Fleets, which brought the riches of the world home to Sevilla, and made Spain the most powerful nation in the world 500 years ago. Meet the



men who sailed these ships, the men who tried to capture them, and their perilous connection with Florida. **Tickets are \$10.** Call (239) 489-8472 to reserve your place.\*

**May 17**

### Yachts That Went To War at 10am.

Author Robert Macomber shares an incredible story of elegant yachts during the gilded age that became warships in the U.S. Navy during the Spanish-American War. Several of them served our nation for decades, becoming world-famous ships and making history along the way. **Tickets are \$10.** Call (239) 489-8472 to reserve your place.\*

**The Academy  
of Lifelong Learning**



### May 24 The Living Gulf Coast – Meet Your Neighbors!

at 10am. Critically acclaimed Sanibel author Charles Sobczak will present an illustrated discussion about birds, reptiles, and mammals that thrive throughout Southwest Florida. The author of three award-winning nature guides will describe these animals, what they eat, and who eats them. Learn how these various creatures survive in the wild and the dangers they sometimes pose for Floridians. **Tickets are \$10.** Call (239) 489-8472 to reserve your place.\*

**The Academy  
of Lifelong Learning**



Havana

\*If you are unable to attend a class that includes a fee, kindly give 24 hours notice to receive a refund.

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Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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High Tide performs during Times Square's Sunset Celebration each Friday

## Along The River

The heart of **Fort Myers Beach** is the place for free concerts each weekend evening.

Times Square Alliance is host for the **Sunset Celebration** each and every Friday and Saturday evening from 5 to 10 p.m. Times Square, located at the foot of the island, is the location for the free concert series. On Fridays, High Tide plays a special blend of rock, reggae and R&B. Saturday features a performance from one of a cast of selected popular bands from the area.

For more information about Sunset Celebration, call 463-5900.

Gulf Coast Humane Society will be having **Yappy Hour** at **Cape Harbour** (575 Cape Harbour Drive) in Cape Coral this Friday, April 29 from 5 to 7 p.m.

There will be vendors, live entertainment and adoptable dogs looking for their forever homes. Attendees can purchase tickets for beer and wine donated by Fathoms Restaurant and Bar that benefit GCHS 100 percent. Participate in a pooper scooper

contest to win a gift basket. All dogs and their handlers are invited.

For more information, call 332-0364 or visit [www.gulfcoasthumanesociety.org](http://www.gulfcoasthumanesociety.org).

Also beginning Friday is the **Smoke on the Water Barbecue Competition & Music Festival** at the downtown river basin.

Hosted by the Sidney & Berne Davis Art Center, the free, family event includes prizes, games, music and lots of barbecue. The official Florida Bar-B-Que Association sanctioned competition pits talented barbecue teams from across the southeast going head-to-head for more than \$10,000 in cash prizes and the grand champion title.

The 3rd annual festival has festivities from 6 to 10 p.m. Friday and 11 a.m. to 10 p.m. Saturday. The entertainment stage is located in front of the City Pier Building. Nowhere Band Beatles' Tribute Band kicks off the music Friday night.

All proceeds benefit the Sidney & Berne Davis Art Center.

Visit [www.sbdac.com/smoke2016](http://www.sbdac.com/smoke2016) for more information.

**Butterfly Estates** in downtown Fort Myers is offering a free **Butterfly Gardening Class** on Saturday, April 30 at 11 a.m.

According to the website of the non-profit organization called The Florida Native Butterfly Society, designing a productive butterfly garden is one of the most satisfying and beautiful additions that someone can make to any property, giving instant curb appeal that allows a yard to become active with the beautiful colors of what some call flying flowers. Incorporating butterfly gardens in commercial applications allows one to provide appealing attributes to its residents.

Butterfly Estates staff will guide participants through the process and will inform about all the best pesticide-free host and nectar plants.

The free Butterfly Gardening Classes are offered the last Saturday of the month throughout the summer. The organization hopes to inspire guests to plant butterfly gardens to support and increase natural populations.

The Butterfly Estate's educational facility is complete with a 3,600-square-foot glass butterfly conservatory and is located in Gardner's Park in the downtown Fort Myers River District at 1815 Fowler Street. It is open Tuesday through Sunday from 10 a.m. to 5 p.m.

For more information, visit [www.thebutterflyestates.com](http://www.thebutterflyestates.com) or call 690-2359.

The Junior League of Fort Myers is hosting a **Funtastic Fitness Fair** at the **Heights Center** at 15570 Hagie Drive in Fort Myers this Saturday, April 30 from 10 a.m. to 1 p.m.

The free community event that celebrates 50 years of commitment to the development of local youth will be an indoor and outdoor fair that includes children and family activities and nearly 40 vendors providing information on local yoga and zumba classes, nutrition and healthy food options as well as knowledge on how to grow a garden. Multiple medical professionals will also be present to offer free screenings, dental exams and chair massages.

For more information, call 277-1197 or visit [www.jlhm.org](http://www.jlhm.org).

Pet lovers will be invited to a free festival to benefit their four-legged friends.

**Gulf Coast Humane Society** will be hosting its first national **Adopt a Shelter Pet Festival** on Saturday, April 30 from noon to 3 p.m.

The purpose is to bring awareness to the public to "adopt, don't shop" when thinking about companionship. Festival activities will focus on half-price adoptions for the day as well as a variety of vendors involving pet care, pet boarding and pet food and treats. Attendees can "Ask the Trainer" and see demonstrations of agility and other pet-related activities. There will be contests, a garage sale and special discounted pet items from the Barkin' Boutique in addition to food and drink vendors on site.

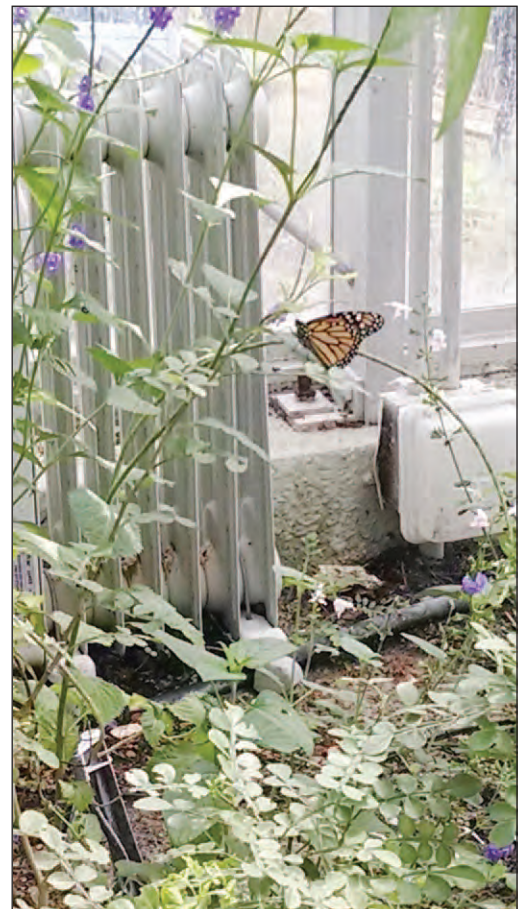
Located at 2010 Arcadia Street in Fort Myers, Gulf Coast Humane Society takes in owner-surrendered and transferred animals from other shelters and rescue groups with a high success rate of adoptions.

For more information, visit [www.gulfcoasthumanesociety.org](http://www.gulfcoasthumanesociety.org) or call 332-0324.

Hope HealthCare Services Parkinson Program is hosting the inaugural **Walk 4 Hope** at **Lakes Regional Park** (7330 Gladiolus Drive, Fort Myers) this Saturday, April 30 from 10 a.m. to noon. The one- to three-mile walk will help raise awareness and support the local Parkinson community. It is in support of National Parkinson Awareness Month.

A registration fee of \$25 per person includes a T-shirt and light refreshments.

Register at [www.donate.hopehcs.org/pdsymposium](http://www.donate.hopehcs.org/pdsymposium) or call 985-7727.✱



A monarch perches inside the conservatory at the Butterfly Estates

## Paris Market Antique Mall



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# FORT MYERS FARE

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## DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

## ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Sit dockside with a refreshing mojito at Doc Ford's Rum Bar & Grille on Fort Myers Beach

## IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes

to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

## ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

## JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.\*

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## Churches/Temples

### ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. [www.allfaiths-uc.org](http://www.allfaiths-uc.org)

### ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers. Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

### ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers. Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 481-2099

### BETH SHILOH

#### MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

### BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166. Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

### CHABAD LUBAVITCH

#### OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, [rabbi@chabadswf.org](mailto:rabbi@chabadswf.org). [www.chabadswf.org](http://www.chabadswf.org). Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

### CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus. An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com)

### CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

### CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: [www.taecc.com](http://www.taecc.com)

### COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937. Reverend Dr. Jeffrey DeYoe, Senior Pastor. Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

### CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442. Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

### CYPRESS LAKE

#### PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. [www.clpc.us](http://www.clpc.us). Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

### CYPRESS LAKE UNITED

#### METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

### FAITH FELLOWSHIP WORLD

#### OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

### FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

### FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com)

### FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511. Pastor Reverend Joey Brummett. Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

### FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. [www.fumcftmyers.org](http://www.fumcftmyers.org). Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

### FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330. Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

### FORT MYERS CONGREGATIONAL

#### UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

### IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

### JESUS THE WORKER

#### CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143. Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

### KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

### LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. [www.lambofgodchurch.net](http://www.lambofgodchurch.net). Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

### NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. [nbcministry@embarkmail.com](mailto:nbcministry@embarkmail.com), [www.facebook.com/nbcministry](http://www.facebook.com/nbcministry). Alex and Patricia Wiggins, Ministers

### NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. [www.newcovenanteyes.com](http://www.newcovenanteyes.com). LIFT Kidz program, free coffee and donuts.

### NEW HOPE BAPTIST CHURCH

#### OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

### NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. [www.newhopefortmyers.org](http://www.newhopefortmyers.org).

### PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400. Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com).

### PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com).

### REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143. 8:15 and 10:15 a.m. Sunday Services. Daily early learning center/day care.

### RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400. Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

### SAMUDRABADRA BUDDHIST CENTER

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### SAINT COLUMBKILLE

#### CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

### ST. FRANCIS XAVIER

#### CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

### SAINT JOHN THE APOSTLE

#### METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation. Sunday Services 10 a.m.

### SAINT MICHAEL LUTHERAN

#### CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218. Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

### SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, [www.stpeterfmb.com](http://www.stpeterfmb.com).

Sunday worship service at 9:30 a.m.

### SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org).

### ST. VINCENT DE PAUL

#### CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

### SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

### TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, [www.templebethel.com](http://www.templebethel.com). Rabbi. Barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

### TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. [www.tjswfl.org](http://www.tjswfl.org).

### THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

### UNITARIAN UNIVERSALIST

#### CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. [www.uucfm.org](http://www.uucfm.org).

### UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

### UNITY OF FORT MYERS

1120 Ranchette Road, Fort Myers. Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, [www.unityoffortmyers.org](http://www.unityoffortmyers.org). Our God is Love, Our Race is Human, Our Religion is Oneness

### WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. [www.westminsterfortmyers.org](http://www.westminsterfortmyers.org)

### WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

### ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. [www.zionfm.org](http://www.zionfm.org)✱



## OBITUARY



## JENNY ANGOTTI

Jenny Angotti (nee Sharp), 79, of Elyria, formerly of Avon Lake and Fort Myers, Florida, passed away on April 19, 2016. She was born on September 2, 1936 in Dillwyn, Virginia. She was the owner of Jenny's Swim & Cruise Wear on Sanibel Island.

Jenny was dedicated to her children and grandchildren, and she also loved animals, especially her dog Pierre. She also loved to read. She is survived by daughter Jolie Jesensky; sons Ronald (former spouse Linda) Gray and Donald Gray; daughter-in-law Becky Gray; adopted daughter Jill Lemmerman; grandchildren Ryan Gray, Destiny Gray, John Gray and Cheyenne Gray; sister Addie Louise "Peewee" (Stanley)

Shifflett; and nephew John Henry (Gayle) Ryder, along with their children and grandchildren.

She was preceded in death by her husband Fred J.; son John Gray; and sister Marie Ryder. In lieu of flowers, memorial contributions in Jenny's name may be made to The Animal Protective League, 1729 Wiley Avenue, Cleveland, OH 44113 or PAWSibilities Humane Society of Greater Akron, 7996 Darrow Road, Twinsburg, OH 44087. Visitation is at the Busch Funeral Home, 163 Avon-Belden Road, Avon Lake, Ohio on Friday, April 29 from 5 to 7:30 p.m. A memorial service will follow the visitation at 7:30 p.m.\*

## Lake Kennedy Senior Center

## Lunch And Learn Program

Amanda Pendergrast, referral manager with Griswold Home Care, and RMS General Contractors will present a lunch and learn program on preventing home injuries on Wednesday, May 4 at the Lake Kennedy Center. There is no cost to attend. Lunch is provided. The session runs from 11:30 a.m. to 1 p.m. Pre-registration is required by calling 574-0575.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.\*

## Deadline Friday For Camp At 'Ding' Darling



Beach fishing is part of the curriculum at Nature Explorers Day Camp

The deadline for the inaugural Nature Explorers Day Camp at JN "Ding" Darling National Wildlife Refuge is Friday, April 29. Six consecutive week-long camp sessions start on June 20 and run through August 5. Campers may attend only one session.

Each session is limited to 14 middle school students who have completed fourth, fifth or sixth grade from the Lee County and surrounding school districts or homeschool equivalent.

Students attending Title 1 schools will receive preference. Lottery drawings will determine the remaining spots. Cost per one-week session per student is \$50; scholarships are available.

The camp program was made possible by a \$15,000 grant from an anonymous donor to the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The donation covers lunch and transportation for day campers, scholarships, T-shirts, digital cameras and other program materials. It will also underwrite stipends for one education intern to assist with the program.

"The refuge feels that our Nature Explorers Day Camp fills an urgent need in our community," said Ranger Becky Larkins, who oversees the program as refuge education specialist. "Existing day camps fill quickly, so we felt we could provide an excellent alternative that gets kids out in nature. By targeting Title 1 schools, we hope to reach children who cannot otherwise afford summer camps."

Larkins designed the programming to reflect the mission and objectives set by the National Wildlife Refuge System. Weekly activities include nature photography, wildlife observation, saltwater fishing, kayaking, a beach walk, nature sketching, biking and nature crafts.

Students interested in applying for Nature Explorers Day Camp should visit [dingdarlingsociety.org/day-camp](http://dingdarlingsociety.org/day-camp) for a printable application. For more information, call Larkins at 472-1100 ext. 236.\*

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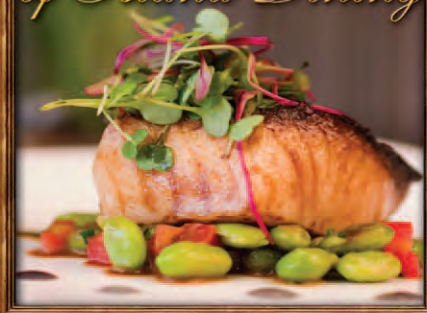
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# Tarpon Fishing Is Right On Schedule



by Capt. Matt Mitchell

Our water temperature finally hit that magic number of 78 degrees. And just like always, our springtime tarpon migration has begun. The lack of rain for the last month has done wonders for the water clarity, with the sound being as clear as it gets. During the few calm light wind days we experienced this past week, these tarpon could be spotted rolling in all the usual places throughout the sound. Hiding from the wind on a charter I took this weekend, we gave tarpon fishing a try for a few hours. Despite the far from perfect rough and windy conditions, we still managed to jump one and did see some free jumpers. The whole month of May is prime tarpon time in our

area, so it's a big relief to see that these fish have arrived right on schedule and in huge numbers.

Huge high midday tides this week –pushed up even higher by westerly winds – were a real treat, allowing access to fish creeks and shorelines I just have not even been in for years because they are just too shallow.

Some of these creeks are just wide enough to fit a boat into and you hardly ever see an angler at all. One set of these creeks way back in the JN “Ding” Darling National Wildlife Refuge was not only the perfect place to hide from crazy strong winds but contained crystal clear water, redfish and big trout. Catching fish in places you haven't been able to even get to in years was a thrill.

Snook fishing with live shiners was my mainstay this week, and I managed to put my clients on decent numbers of snook during most trips. These snook seem to still be very spread out, as we are catching them anywhere from deep in the mangrove creeks, on oyster bars in the middle sound and in the passes. Most spots were good for a few bites, but no more than about five or six fish before the bite quit. By this time the past few years, snook have been already stacked up in the passes, though this has not quite happened yet.

Out along the beaches, some of the best big trout fishing of the year is going on. This annual movement of these big trout coincides with snook doing the same thing.

## Send Us Your Fish Tales

**T**he River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to [press@riverweekly.com](mailto:press@riverweekly.com).

## CLEAR YOUR GEAR It Catches More Than Fish



Cast carefully to  
avoid tangling tackle  
in mangroves



Leon Walden from Arkansas with a slot-sized redfish caught while fishing with Capt. Matt Mitchell this week

Beaches within close proximity to the passes, along with west rocks and blow downs, will produce some real monster trout over the next few months. Live shiners and pinfish are the baits of choice for this. Don't be surprised to hook into a big snook while targeting these trout. Most of these trout are over the 20-inch max, so handle them as little as possible before releasing them.

After what was a really tough couple of months for our local waterways caused by all the January and February rains and the water releases from Lake O, it's awesome to see the sound now back to being clear. This could not have happened at a better time for our tarpon fishery. Everything seems to be lining up right to give us one of the better tarpon seasons we have had in the past few years.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱

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## CROW Case Of The Week:

## Tokay Gecko



by Bob Petcher

**N**on-native reptiles, like invasive plants and trees, can pose a threat to our delicate eco-system.

The tokay gecko (*Gekko gecko*) is no exception.

Native of

Southeast Asia, this particular creature from the lizard family is larger than most geckos, reaching up to 35 centimeters or more than 13 inches. It has a large head, a robust build and a tail that can grab, hold and manipulate objects to a degree. The eyes of the tokay gecko have vertical pupils, while its soft-to-the-touch skin is generally gray with red speckles. However, like many lizards, this gecko can change the color of its skin to blend into the environment. In fact, this species is sexually dimorphic, with the male known for being more brightly colored than its female counterpart.

"Tokay" is derived from the loud, two-part clicking call that the males make during the breeding season, both to attract females and to warn other males away from their territory.

While its native habitat is a rainforest, where it lives on trees and cliffs, the tokay gecko can also adapt to rural human habitations, which it does frequently

by roaming walls and ceilings at night in search of insect prey. And, because of Florida's status as a center for the importing of exotic pets from overseas and being a neotropical climate, the Sunshine State is the land of invasive species.

Pet tokays are easy to care for and attractive, but they are known as the meanest lizard around and are willing to utilize their muscular jaws and bite the hand that feeds them, and not let go.

Simply put, the tokay gecko is regarded as unfriendly. Inexperienced keepers have been known to release these now-unwanted pets.

These traits would tell you that this creature does not have the same demeanor as the animated gecko that sells car insurance. You would be correct to say that.

Officials at CROW have recently created an invasive species exhibit featuring a female and male tokay gecko. The exhibit was designed with part of CROW's mission in mind: "Saving wildlife through state-of-the-art veterinary care, research, education and conservation medicine."

The geckos arrived last week from an exotic animal dealer in Naples. They are involved in the first part of CROW's forthcoming invasive species section that will be in the visitor education center.

CROW officials say tokay geckos are tough and adaptable. They are estimated to live approximately 10 years in captivity. Their daily diet includes crickets, mealworms and superworms.

"As with all wild animals, people



The larger of the two tokay geckos in the exhibit is believed to be the male

should respect them and keep a safe distance," said CROW Education Coordinator Rachel Rainbolt. "Tokay's are territorial and, when they bite, they do not let go. They are very aggressive and will bite when they are threatened, afraid or stressed."

The captive tokay geckos will be in the CROW exhibit for educational purposes only, said Rainbolt. CROW officials have no intention to study the exotic creatures nor are they patients in the CROW hospital.

"There will not be a study conducted. The geckos are for educational display,"

she said. "Our goal is to educate local residents and tourists about the effects of invasive species. We want visitors to leave our visitor education center with knowledge about local wildlife that they previously did not have."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✪

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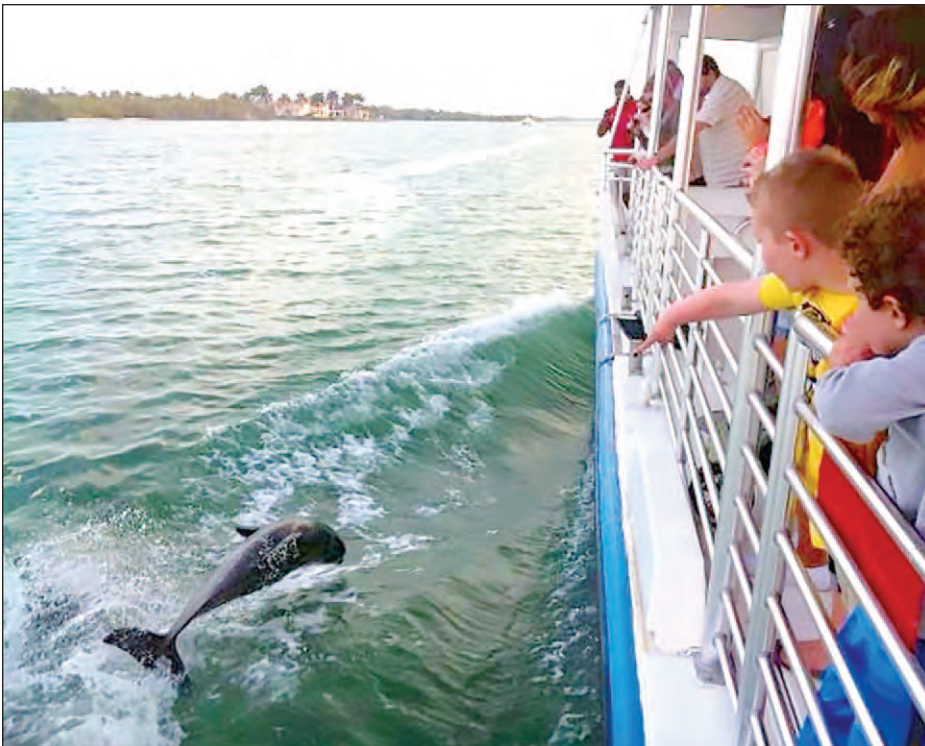
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Pure Florida's Naples and Fort Myers locations will offer Mother's Day cruises on May 7 and 8

## Moms Cruise Free During Mother's Day Weekend

Pure Florida is celebrating mothers on Saturday and Sunday, May 7 and 8, offering free cruises for moms when accompanied by paid adult or child admission. The Mother's Day weekend cruises set sail from Pure Florida's Naples and Fort Myers locations at 10 a.m., noon, 2 and 4 p.m., with sunset cruises departing one hour before sunset. Pure Florida's

Mother's Day cruises are \$35 per passenger during the day and \$37.50 for the sunset cruise at its Naples location, and \$32 per passenger at its Fort Myers location.

Narration on local history, wildlife and ecology is provided by U.S. Coast Guard-certified captains, also master naturalists. Passengers cruising from Pure Florida's Naples location will sail the Gordon River aboard the *M/V Double Sunshine*, and guests visiting Pure Florida's Fort Myers location will cruise the Caloosahatchee River aboard the *M/V Edison Explorer*. Guests are invited to relax and observe the natural

beauty and wildlife native to Southwest Florida. While Pure Florida cannot guarantee animal sightings in the wild, potential encounters include dolphins, eagles, manatee, native birds and more. Drinks are available for purchase on board the vessels, and snacks are available for purchase aboard the *M/V Double Sunshine*.

The *M/V Double Sunshine* departs from Tin City, 1200 Fifth Avenue South in Naples. The *M/V Edison Explorer* leaves from The Marina at Edison Ford, 2360 W. First Street in Fort Myers. Reservations are required. For more information or to register, call Pure Florida's Naples location at 263-4949, its Fort Myers location at 919-2965 or visit [www.PureFL.com](http://www.PureFL.com).✱

## Travel Rally Next Week At Lakes Park

The Lee County Visitor & Convention Bureau (VCB), in partnership with the Charlotte Harbor Visitor & Convention Bureau and the Naples, Marco Island, Everglades Convention & Visitors bureaus, invites tourism partners, their employees and families, along with the community, to the annual Southwest Florida Travel Rally at Lakes Regional

Park in Fort Myers on Wednesday, May 4 from 4:30 to 7:30 p.m.

The free rally recognizes the importance of hospitality professionals, and supports National Travel and Tourism Week, which celebrates tourism's impact on local businesses.

Tourism generated \$3 billion in economic impact for Lee County in 2015. Collier County reported \$1.95 billion and Charlotte County reported \$526 million.

"We are very excited about hosting this event again this year with our regional partners, and look forward to having the community join us as we celebrate tourism's impact on local business and the economy," said Tamara Pigott, executive director of the Lee County VCB.

The rally includes music, prizes, food and competitions. A travel fair, featuring more than 50 exhibitors from Lee, Charlotte and Collier counties' attractions, accommodations, restaurants, transportation and other hospitality partners will be on site.

As a preview to the 3rd annual Island Hopper Songwriter Fest, local singer/songwriter Sheena Brooke will perform, and a social media feed display wall will feature upcoming events in Southwest Florida.

RSVP by May 3 on [LeeVCB.com](http://LeeVCB.com). Contact Judi Durant with the VCB at 590-4855 or [jdurant@leegov.com](mailto:jdurant@leegov.com) for more information.✱

## 11-Year Old Angler Triumphs In Key West Fishing Tournament



Thomas Green with his tournament prizes

Eleven-year-old Thomas Green of Bokeelia recently bested several dozen adult anglers to earn top honors in multiple categories of the Key West Fishing Tournament's Kickoff 2016.

Thomas scored the challenge's heaviest kingfish at 22 pounds and the heaviest mackerel at 7.75 pounds. Both were his first catches of the species, and the kingfish earned him the junior division's heaviest catch award on April 10.

Fishing aboard the *Miss Ivory*, skippered by Capt. Jason Johnson of Key West, Thomas also released his first sailfish and followed it with a second.

"Last year, he and I decided we're going to be a fishing team at fish tournaments together," said Thomas' father Glenn Green.

The Greens hope to fish another tournament in the near future.✱

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## Plant Smart

## Wild Bushbean

by Gerri Reaves

If you discover wild bushbean (*Macroptilium lathyroides*) in your yard, admire its gorgeous flowers and then consider getting rid of it. This pretty annual was listed three years ago as a category-II invasive species by the Florida Exotic Pest Plant Council.

Reddish purple or maroon flowers bloom all year long, with many flowers appearing on a long stalks. Rarely, the flowers are white or pink.

The two longer petals, or “wings,” are positioned at odd angles. The keel, or ridge, formed by two lower fused petals, is twisted in a spiral, adding to the lovely flared appearance. The upper spreading erect petal is almost an inch long.

The leaves are composed of three oblong or elliptical leaflets that can be slightly lobed at the base. They measure up to about three inches long and up to an inch wide.

The fruit, a long flat pod, grows up to 10 inches long and holds 20 or more seeds. At maturity, the pod explodes, sometimes sending those kidney-shaped beans several feet from the plant.

Wild bushbean is prostrate, trailing or climbing, reaching several feet high, sometimes growing vine-like amid shrubs.

Although it has not caused the ecological damage demonstrated by category-1 plant species, this native of the Caribbean region, Central and South America has “increased in abundance or frequency” to an extent that causes serious concern for natural areas.

It is now found throughout most of the state, especially in the Florida Keys. Should sufficient alteration and disruption of native-plant communities be demonstrated, it could be listed as a category-1 invasive in the future.



Wild bushbean is a category-II invasive plant in Florida  
photos by Gerri Reaves



The slender pods will eject the beans upon maturity

The plant also threatens the agricultural industry because it can harbor the bean golden yellow mosaic virus.

A member of the bean family, it is also called phasey bean, cow pea, quail bean and wild-bean. It is cultivated as a crop in Latin America and as cattle fodder in many parts of the world.

One positive attribute of wild bushbean, however, is that it's a potential host or nectar source for several native butterflies.

But you're better off planting native butterfly host plants.

Sources: *Everglades Wildflowers* by Roger L. Hammer, [ctague.pairserver.com](http://ctague.pairserver.com), [fleppc.org](http://fleppc.org), [freshfromflorida.com](http://freshfromflorida.com), [ifas.ufl.edu](http://ifas.ufl.edu), and [tropicalforages.info](http://tropicalforages.info).

*Plant Smart explores the diverse flora of South Florida.\**



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# Earth Day Festival Draws Crowds



The Bug Tussle Ramblers performed at the Conservancy of Southwest Florida's Earth Day Festival

The Conservancy of Southwest Florida's Earth Day Festival, celebrating water, land and wildlife, drew over 1,000 people on April 16. Guests were treated to a variety of entertainment and activities, with a special bonus of learning that the conservancy named its newest member, a loggerhead sea turtle, Luna.

The conservancy's largest community event of the year, presented in partnership with Community Foundation of Collier County, *Naples Daily News* and *D'Latinos*, featured vendors and environmental exhibitors showcasing activities and experiences including guest speakers, live music, animal programs, games, crafts, face painting and sand art. New activities included an interactive edu-tainment show, hands-on demonstrations and a bounce house.



Guests of all ages, like Evan Vesely, had a chance to try a variety of activities



Jennifer Bobka, Conservancy of Southwest Florida education specialist, gives Horatio, a red tailed hawk, a smile



Conservancy volunteer Jean Hartman showcases her jewelry



Gordon B. Eagle, the Conservancy of Southwest Florida's mascot, wishes a happy birthday to Rob Moher, president and CEO of the Conservancy of Southwest Florida



Conservancy of Southwest Florida biologist Vanessa Booher shows a snake skeleton to one of the young guests



Geoff Kollender, Shelby Hoover and William Boyajian pose with a Burmese python



Ben Marics, the Conservancy of Southwest Florida's education specialist, leads a puppet show

"Our annual festival provides a great opportunity for the Southwest Florida community to come together to celebrate our land, water and wildlife, and we enjoyed showcasing the many exciting features that nature has to offer, while instilling the importance of preserving its unique qualities and protecting its inhabitants to ensure that its natural beauty is upheld for generations to come," said Rob Moher, president and CEO of the Conservancy of Southwest Florida.

This year, attendees met the conservancy's new, juvenile loggerhead

sea turtle, who joined the group on March 30. The conservancy asked the community for help in naming the loggerhead. Visitors submitted their ideas to the conservancy March 30 through April 10, and staff, interns and volunteers reviewed the submissions, selecting the name, Luna.

Spanish for the word moon, Luna will serve as an ambassador for the loggerhead species within the Dalton Discovery Center at the Conservancy of Southwest Florida, giving visitors an opportunity to learn about native sea turtle conservation.



Parents Jarret and Alyssa Ditch, and their children Jayden, Amaya and Kalay, took advantage of the festival's photo booth to record memories of their day

The Conservancy of Southwest Florida, nature center and von Arx Wildlife Hospital are located at 1495 Smith Preserve Way, south of the Naples Zoo off Goodlette-Frank Road. Learn more at [conservancy.org](http://conservancy.org).

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# One Month Into The Baseball Season, Cubs Fans Have Good Reasons To Dream Of October



by Ed Frank

Whether it's popularity or whether it's a curse of not winning a World Series in 108 years – the longest title drought in professional sports – the 2016 frenzy over the Chicago Cubs is almost beyond comprehension.

Sure the rebuilt Cubs were figured to be contenders this season after winning 97 games a year ago and advancing to the National League Championship Season, but no one anticipated their near run-away start in the first month of the new season.

Our area naturally is a hot bed of support for the Boston Red Sox and the Minnesota Twins who have trained here for years. But the love affair for the Cubs is almost as great.

If you doubt my word, just don a Cubs hat or Cubs shirt and see how many “I like your hat,” or “I like your shirt” comments you will receive.

And when the Cubs are on the road, you'd swear half the fans in the stands are wearing Cubby blue.

There are good reasons why the Cubs are off to a blistering 14-5 record (.737) through Monday of this week. At that rate, the team would win 119 games this year. That's not likely.

Just look at these facts:

The Cubs lead Major League Baseball with a plus-68 run differential having outscored their opponents 119-51. As of Monday, there were nine teams that hadn't even scored a total of 68 runs this season.

On the mound, their starting pitchers have an MLB-best 2.36 ERA and have registered 16 quality starts in 19 games, including the no-hitter from Jake Arrieta last week.

It's almost ridiculous when you consider the OPS of .604 (a combination of on-base percentage and slugging average) of their pitchers who already have eight runs-driven-in. That .604 is better than the OPS of the designated hitters of five Major League teams.

Arrieta with four wins and Jason Hammel and John Lackey with three wins each mark the first time in Cubs history that three starters have won three or more games before May 1. Hammel is batting .333, Arrieta .273 and a fourth starter, Jon Lester .250.

On the power side, first-baseman Anthony Rizzo with eight home runs is second-best in the National League and center-fielder Dexter Fowler's .385 batting average also is the NL's second-best.

Are you beginning to get the picture?

This phenomenal start is despite the fact that Chicago lost power-hitter Kyle Schwarber the first week of the season in a violent outfield collision with Fowler that will keep him out for the remainder of the year due to ligament damage. He belted 16 home runs in just 69 games in his rookie season.

It's a long, long way to October. For Cubs fans, however, their hopes for an end to the 108-year-old curse could be in the offing.

## Everblades Season Ends With 2-1 Loss Monday

Florida's hopes for a Kelly Cup Championship ended Monday with a 2-1 loss to the Wheeling Nailers in the ECHL Eastern Conference Quarterfinals. The Everblades lost the best-of-seven series four games to two.

With home ice advantage, the local hockey team split the first two games at Germain Arena, but then lost two of three at Wheeling last week.

Returning to home ice on Monday, Florida hoped to extend the series to a crucial seventh game. But it wasn't to be. Monday's loss was the first time all season that the Everblades had been defeated in three straight games.

## Miracle 10-8 For The Season; Second In Division

The Fort Myers Miracle baseball team began a nine-game road trip this week traveling to Jupiter, Charlotte and Palm Beach before returning to Hammond Stadium next Thursday for three games against first-place St. Lucie.

The Miracle began the week with a 10-8 season record and a second-place standing in the Florida State League South Division, one game behind St. Lucie.

Shortstop Nick Gordon continues to lead the team with a .343 batting average through Monday of this week.✱

## SPORTS QUIZ

1. In 2014, the Nationals' Bryce Harper became the sixth player in major-league history to have at least 50 homers and 30 steals through his age-21 season. Name three of the other five.
2. Twice during the 1960s, two pitchers won Cy Young Awards and faced each other in the World Series in the same year. Name either duo.
3. Ken Niumatalolo is the winningest football coach in Navy history (68 wins entering 2016). Who is No. 2?
4. How many consecutive winning seasons have the San Antonio Spurs had under head coach Gregg Popovich?
5. Wayne Gretzky holds the top two records for fastest to 50 goals in a season (39 games, 42 games). Who is third?
6. Name the last male skier to win six slaloms in a World Cup season before Norway's Henrik Kristoffersen in 2016.
7. Who was the first African-American golfer to get full-time playing privileges on the PGA Tour?

## ANSWERS

1. Orlando Cepeda, Ken Griffey Jr., Alex Rodriguez, Andruw Jones and Mike Trout. 2. Denny McLain and Bob Gibson, 1968; Mike Cuellar and Tom Seaver, 1969. 3. George Welsh, with 55 wins (1973-81). 4. Nineteen seasons. 5. Mario Lemieux did it in 46 games in 1988-89. 6. Italy's Alberto Tomba, in 1994-95. 7. Charlie Sifford, in 1961.

From page 1

## Taste Of The Beach

4 p.m. Tickets will be available on site. Admission is \$5 for adults and children over 12. Children under 12 will be admitted free. Food tickets are \$1 each, with the average plate costing around \$5.

Restaurants that have already signed up are Matanzas on the Bay, Pierside Grill and Famous Blowfish Bar, Bootleggers Waterfront Barbeque, Cabana's Beach Bar and Grill, Royal Scoop, Pinchers Crab Shack, La Ola Surfside Restaurant, Fishmonger Restaurant, The Fish House, Parrot Key Caribbean Grill, Nervous Nellie's Crazy Waterfront Eatery, The Salty Crab Bar and Grill, The Doghouse, Beach Brew and Bakery and Jacks Farm to Fork. Restaurants wishing to participate may contact the chamber at 454-7500. Those interested in a promotional booth may contact Georgia Reinmuth at 233-8652.

More than 3,000 people are expected to attend this year. A panel of celebrity judges will do the honors and winners will be announced from the stage at 4 p.m.

Volunteers are needed for admission, ticket sales, water sales, set-up and clean-up. Volunteers receive free admission, 10 complimentary food tickets and free water. Morning and afternoon shifts are available. Contact Rhonda Murray at 454-7500 or rhonda@fmbchamber.com for more information.

For more details click or go to [www.tasteoffortmyersbeach.com](http://www.tasteoffortmyersbeach.com) or email [frontdesk@fmbchamber.com](mailto:frontdesk@fmbchamber.com).✱

From page 2

## Look Up

Ever onward toward Lee Street... where above the arches of the Franklin Arms you'll find the seal of the City of Fort Myers.

That stone seal features three things

of importance in the city's development: palm trees, oranges and a fish (perhaps a tarpon), symbolizing natural beauty, the bounty of the citrus industry and the fishing, recreation and tourism industries, respectively.

The seal is not the city's first. When the Town of Fort Myers formed in 1885, it chose a pineapple in full bloom as an official insignia and as an emblem that would be engraved on the corporate seal.

The current three-image seal was adopted when the town officially became a city 26 years later and had diversified its economy. (Who would associate pineapples with Southwest Florida today?)

The front building with the seal embedded over the archway was originally the “new” Hill House, a popular boardinghouse-hotel. It was built circa 1916, replacing the original Hill House that had been run on the site since 1889.

The “tower” to the rear, which is now condominiums, was the city's first

skyscraper, the seven-story Franklin Arms Hotel, opened by WP Franklin in 1924.

When you're out and about downtown, take time to look up and notice details. Little treasures and historical clues await discovery.

And while you're there, be sure to check out the Southwest Florida Museum of History at 2031 Jackson Street to learn more about local history.

Call 321-7430 for information, or go to [museumofhistory.org](http://museumofhistory.org). Hours are 10 a.m. to 5 p.m. Tuesday through Saturday.

If you love local history, you'll love the Southwest Florida Historical Society's research center. The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday from 4 to 7 p.m. Call 939-4044 or visit [swflhistoricalsociety.org](http://swflhistoricalsociety.org) for more information.✱





Jan-Erik Hustrulid, Heights Foundation board chair



Tracie Bagans, Heights Foundation board vice chair

## New Officers, Board Members

The Heights Foundation and The Heights Center, nonprofit organizations that assist families in the Harlem Heights neighborhood, appointed new officers and four new board members.

Jan-Erik Hustrulid, business development coordinator at Owen-Ames-Kimball Company, was elected chair of the board. Tracie Bagans, regional field services manager at FPL, was elected vice chair and Susan Ryan, director of finance and operations at Canterbury School, was elected secretary/treasurer.

New members include David Ciccarello, civil and litigation attorney with the Wilbur Smith Law Firm, Luis Insignaires, family law attorney with Luis E. Insignaires Attorneys at Law, Li-Su Javedan, former healthcare executive and community contributor, and Terri Wade, human resources manager, Modular Document Solutions.

Returning board members include Kim Agypt, Cindie Barker, Pamela Beckman, Kenny Brewer, Caryn Clark, John Grey, Neil LeClair and Violetta Yerrid.

"We are grateful to our new, current and past board members for providing their time and talents to make a positive impact on the lives of families in Harlem Heights," said Heights Foundation President and CEO, Kathryn Kelly.

To learn more, visit [heightsfoundation.org](http://heightsfoundation.org) or call 482-7706.

## New Mobile App Available

The City of Fort Myers has made a new mobile application available, allowing citizens to request services and view city information. The app can be accessed on the Apple IOS and Google Android platforms. Download the app from [cityftmyers.com/supportcenter](http://cityftmyers.com/supportcenter) or from Apple iTunes and Google Play stores.

The mobile application is part of the city's Customer Request System which automatically routes and tracks all requests made by customers. The city's website also has a new support center, where citizens can enter requests and view responses.

## Coalition Seeks Sponsors, Players For Golf Outing

The Lee County Homeless Coalition invites sponsors and players to Drive Out Homelessness at the coalition's 7th annual charity golf tournament, hosted by Florida state Reps. Matt Caldwell, Dane Eagle and Ray Rodrigues, at the Colonial Golf & Country Club on Saturday, June 25. The tournament begins with a shotgun start at 8 a.m. All proceeds benefit the Lee County Homeless Coalition.

"We have various levels of sponsorships still available," said Janet Bartos, executive director for the coalition. Sponsorships offering course signage, complimentary player registration and recognition at the awards luncheon range from \$2,500 to \$250. Team and single player participation is \$100 per person, which includes 18 holes with a cart, light breakfast and coffee, drink ticket and lunch. The tournament also features first, second and third place winners, 50/50 raffle, longest drive, hole-in-one and closest-to-the pin awards.

Something new has been added this year. "We are proud of our local legislative delegation," said Amy Davies, board member for the Lee County Coalition. "Reps. Caldwell, Eagle and Rodrigues have each pledged to raise \$5,000 to support the coalition. And the major sponsors will have the

opportunity to golf with one of our guest legislators."

To participate in the tournament or to learn more about the fight against homelessness, contact Janet Bartos at 322-6600 or visit [leehomeless.org](http://leehomeless.org).

Colonial Golf & Country Club is at 9181 Independence Way in Fort Myers.

## Greeters Club May Luncheon

The Greeters Club of Greater Fort Myers announced that the featured speaker at their Thursday, May 19 luncheon meeting will be Frederick W. Schaerf, M.D., Ph.D., principal investigator of the Neuropsychiatric Research Center of Southwest Florida.

At the meeting, Dr. Schaerf will share some of the advances achieved through the 130 FDA approved clinical research trials conducted by the center since 2001 related to neuropsychiatric disorders for everything from Alzheimer's disease to chronic pain and osteoporosis.

To make your luncheon reservation (cost is \$20 per person), send an email to [greetersclub@gmail.com](mailto:greetersclub@gmail.com). Provide your contact information (your name, email address and phone number). You will receive a return email confirming your reservation.

Greeters Club luncheons are held on the third Thursday of the month at 10:30 a.m. at the Colonial Country Club, located at 9181 Independence Way in Fort Myers. For more information, visit [greetersclubofgreaterfortmyers.com](http://greetersclubofgreaterfortmyers.com).

Available at  
www.AMAZON.COM  
EDITORIALRxPRESS.COM

### Female Pioneers of Fort Myers

*Women Who Made a Difference in the City's Development*

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



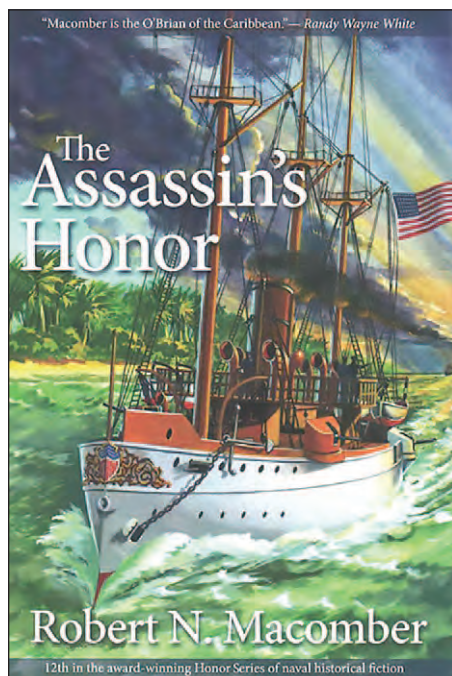
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## Life Enrichment Classes In May At Shell Point



### Behind the Scenes of *Assassins Honor*

Author Robert Macomber will share the back story of researching his latest historical espionage thriller in a Life Enrichment class at Shell Point Retirement Community on Tuesday, May 3.

*The Assassin's Honor* highlights include tales from the Mayan coast of Mexico, the world of Havana, the back alleys of Key West and Tampa's Ybor

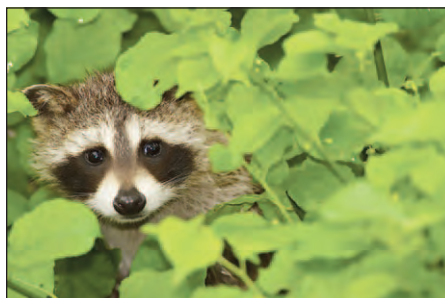


### Professor Adrian Kerr

City. He will talk about research, which included NSA archivists and linguists, communist historical scholars and steam engine experts.

English History and Culture will comprise five sessions held on Tuesdays, May 3, 10, 17, 24, and 31 from 4:30 to 6 p.m. at The Woodlands at Shell Point, 14444 Woodsong Lane, Fort Myers,

Professor Adrian Kerr hosts this Academy of Lifelong Learning class, designed for anyone with an interest in English history and culture. Rather than focusing on specific dates, this lecture series recounts the lives and times of England's most famous kings, queens and leaders. Professor Kerr also examines England's cultural impact, which spans the modern world. Sign-up is required in advance. For information visit [shellpoint.org/events](http://shellpoint.org/events).



Charles Sobczak will talk about wildlife of Southwest Florida

The Great Armadas is slated for Tuesday, May 10 at 10 a.m. Author Robert Macomber will share the story of Spain's treasure fleets, which brought the riches of the world home to Seville and made Spain the most powerful nation in the world 500 years ago. Meet the men who sailed these ships, the men who tried to capture them and their connection to Florida.

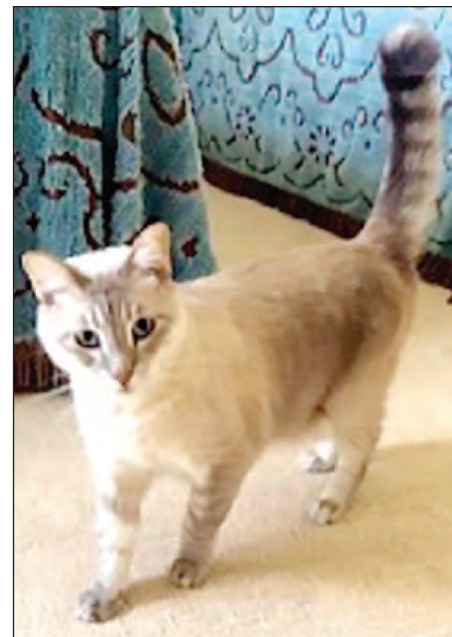
Yachts That Went To War is on Tuesday, May 17 at 10 a.m. Author Macomber tells the story of elegant yachts that became warships in the U.S. Navy during the Spanish-American War.

The Living Gulf Coast – Meet Your Neighbors! is set for Tuesday, May 24 at 10 a.m. at The Woodlands. Sanibel author Charles Sobczak will discuss birds, reptiles and mammals that thrive throughout Southwest Florida. From bull sharks to swallowtail kites, this author of three nature guides describes these animals, what they eat and who eats them. Learn how these creatures survive and the dangers they sometimes pose for Floridians.

Tickets for all these programs are \$10 and are required in advance by calling 489-8472.\*

### PAWS Of Sanibel

## Simba



Simba

My name is Simba, and I'm a very affectionate boy with the one who will adore me. I'm a Lynx Point Siamese. I'm a neutered male approximately 8 years old, and I'm front declawed. I would probably prefer being the only animal in the house because I would like to get all your attention. If you have a place for me, call PAWS of Sanibel volunteer Larry at 395-2655.\*

From page 1

## Mother's Day Tea

will be a raffle for a free brunch for two at Pinchers and a cruise with Pure Fort Myers.

Tea, lemonade and cookies will be provided and Mimosas will be available for purchase.

Cost for Edison Ford members is \$15; nonmembers are \$25. The cost of the program includes the behind-the-scenes tour, plus access to the laboratory, museum and museum shops.

Space is limited, so advance registration is recommended. To register or for more information, contact Leeanne Criswell at [LCriswell@EdisonFordWinterEstates.org](mailto:LCriswell@EdisonFordWinterEstates.org) or call 334-7419.

Edison Ford is open daily from 9 a.m. to 5:30 p.m. Edison Ford has been awarded the National Stewardship Award from the National Trust for Historic Preservation. It is an official project of Save America's Treasures, a Florida Historic Landmark and a National Register Historic Site. Recently, the Edison Botanical Laboratory was designated as a National Historic Chemical Landmark. For more information, visit [www.EdisonFordWinterEstates.org](http://www.EdisonFordWinterEstates.org).

Edison & Ford Winter Estates is at 2350 McGregor Boulevard in Fort Myers.\*

### Financial Focus

## Can You Make Your Investments Less 'Taxing?'



by Jennifer Basey

Tax Freedom Day, which typically occurs in late April, according to the Tax Foundation, is the day when the nation as a whole has earned enough money to pay off its total tax

bill for the year. So you may want to use this opportunity to determine if you can liberate yourself from some investment-related taxes in the future.

Actually, Tax Freedom Day is something of a fiction, in practical terms, because most people pay their taxes throughout the year via payroll deductions. Also, you may not mind paying your share of taxes, because your tax dollars are used in many ways – such as law enforcement, food safety, road maintenance, public education and so on – that, taken together, have a big impact

on the quality of life in this country. Still, you may want to look for ways to reduce those taxes associated with your investments, leaving you more money available to meet your important goals, such as a comfortable retirement.

So, what moves can you make to become more of a "tax-smart" investor? Consider the following:

- Know when to hold 'em. If you sell an investment that you've held for less than one year, any profit you earn is considered a short-term capital gain, and it will be taxed at the same rate as your ordinary income. (For 2016, ordinary income tax rates range from 10 percent to 39.6 percent.) But if you hold the investment for longer than one year, your profit will be taxed at the long-term capital gains rate, which, for most taxpayers, will be just 15 percent. If at all possible, then, hold your investments at least long enough to qualify for the lower capital gains rate.

- Look for the dividends. Similar to long-term capital gains, most stock dividends are taxed at 15 percent for most taxpayers. Thus, dividend-paying stocks can provide you with an additional source of income at a tax rate that's likely going to be lower than the rate on your ordinary earned income. As an added benefit, many dividend-paying stocks also offer growth potential. With some

research, you can find stocks that have paid, and even increased, their dividends over a period of many years. (Be aware, though, that companies are not obligated to pay dividends and can reduce or discontinue them at their discretion.)

- Use those tax-advantaged accounts. Virtually all retirement accounts available to you, whether you've set them up yourself or they're made available by your employer, offer some type of tax advantage. With a traditional IRA, or a 401(k) or similar employer-sponsored retirement plan, your contributions are typically tax-deductible and your earnings can grow tax deferred. Contributions to a Roth IRA, or a Roth 401(k), are never deductible, but earnings can grow tax free, provided you meet certain conditions. The bottom line? Contribute as much as you can afford to the tax-advantaged plans to which you have access.

Tax Freedom Day is here and then it's gone. But by making some tax-smart investment decisions, you might reap some benefits for years to come.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).\**



## Twins Golf Tourney Helps Cancer Patients



The Minnesota Twins raised over \$219,000 to benefit patients at the Regional Cancer Center and presented a check at a spring training game. Taking part in the presentation ceremony are, from left: Debby Welsh, event chairperson; Ali Levine and Nicki McTeague, Lee Memorial Health System Foundation; Mark Weber, Minnesota Twins; James Orr, M.D., Regional Cancer Center; Skip Leonard, Lee Memorial Health System Foundation and Twins mascot TC.

Lee Memorial Health System Foundation has announced that over \$219,000 was raised through this year's Minnesota Twins Celebrity Golf Classic held at Fiddlesticks Country Club in Fort Myers. Proceeds fund compassionate cancer care programs and lifesaving treatment at the Regional Cancer Center. These programs assist members of the Southwest Florida community who are battling cancer while also facing economic hardship.

Sponsors and participants had the chance to golf alongside their favorite Twins heroes including Joe Mauer, Paul Molitor, Brian Dozier and more than 30 other Twins players and representatives.

At the Minnesota Mixer the evening before the tournament, Terry Ryan, Twins general manager, discussed the upcoming season and answered questions. He pledged a personal donation to the Regional Cancer Center, which encouraged many other generous contributions that evening.

"The Minnesota Twins organization is pleased to take a lead role in supporting charities and worthwhile causes in our communities," said Mark Weber, manager of Florida Business Operations for the Twins. "Everyone on our team rallied behind this effort to help patients treated at the Regional Cancer Center and we were pleased so many of our current and former players – along with management personnel and upcoming prospects – were able to hit the links for this great cause."

Debby Welsh and James Orr, M.D. served as chairpersons for the event and provided oversight for the fundraising effort.

For information on the 2017 Minnesota Twins Celebrity Golf Classic, email [TwinsGolf@LeeMemorial.org](mailto:TwinsGolf@LeeMemorial.org) or call Nicki McTeague at 343-6106.✱

## Fort Myers Beach Lions Scholarships

The Fort Myers Beach Lions are accepting applications for their 2016 We Serve scholarships. Cash awards for college or vocational educational assistance are given to local students who demonstrate ability, need and a solid record of community service.

Applications can be found on the Lions' web site, [www.fmbliions.com](http://www.fmbliions.com). Applicants are asked to make sure they receive an e-mail confirmation after they submit the application. All completed applications must be postmarked no later than June 10.

This is the 26th consecutive year that the Beach Lions have helped local students achieve their goals with scholarships, which are made possible by the club's fundraising efforts.

"We welcome anyone wishing to participate in helping our community to

join our Lions Club since together we can multiply what just one person can do," said Darby Doerzbacher, scholarship chair. To attend a Lions' dinner meeting, email [info@fmbliions.com](mailto:info@fmbliions.com).✱

From page 1

## Artists' Talk On Rauschenberg

museums and galleries while pursuing his own art career and exhibiting his work.

This presentation is open to the public, free of charge.

The Bob Rauschenberg Gallery at FSW is at 8099 College Parkway in Fort Myers. For more information, call 489-9313.

This presentation is sponsored in part by the Department of State, Division of Cultural Affairs, the Florida Council of Arts and Culture and the State of Florida. Additional support provided by Chico's International.✱



Back, from left, head softball coach Robert Iamurri; Gary Vien, chief administrative officer, Suncoast Credit Union; Carl McAloose, FSW athletic director; Cindy Helton, Suncoast Credit Union Foundation executive director; Dr. Jeff Allbritten, FSW president; Dr. Lou Traina, FSW vice president, Institutional Advancement. Front, from left, FSW Athletic Scholarship recipients and FSW softball team players Marta Fuentes, Courtney Gettins and Kayla Ranglawha. Not pictured is Mikayla Werahiko.

## Four Students Receive Athletic Scholarships

The Florida SouthWestern State College (FSW) Foundation and Suncoast Credit Union fulfilled a promise to match scholarship donations for the college's athletes on April 18, when, during a FSW baseball game, the first scholarship awards were presented at City of Palms Park.

Recipients Marta Fuentes, Kayla Ranglawha, Courtney Gettins and Mikayla Werahiko, members of the school's softball team, earned the scholarships based on academic excellence, community service and athletic performance.

"We were pleased to present each of our four student-athletes with \$10,000 scholarships. We continue to emphasize the importance of our student-athletes as students first," said Dr. Jeff Allbritten, president, FSW.✱

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Cindy Helton, executive director of Suncoast Credit Union Foundation, and Gary Vien, chief administrative officer, presented a check to FGCU for first-generation scholarships

## Credit Union Establishes Scholarship Fund

Suncoast Credit Union has established a first-generation, endowed scholarship fund, pledging \$25,000.

The fund awards scholarships to Southwest Florida residents who demonstrate financial need, participate in a financial literacy workshop, hold a GPA of 2.75 or greater and are the first in their families to attend college.

"For our communities to thrive, we must develop and empower our future leaders, and that starts with education," said Cindy Helton, executive director of

the Suncoast Credit Union Foundation.

"Giving students who might not otherwise have the opportunity to pursue higher education the chance to do so has a trickle-down effect, impacting the stability of entire communities," Helton said.

Gifts to first-generation scholarships are eligible for matching by the state of Florida or the Florida Gulf Coast University Foundation.

"An education is the key that opens the door to a lifetime of opportunity," said Tony Lee, FGCU director of major gifts.

For more information, contact Lee at 590-1068 or alee@fgcu.edu.\*

## Symphony Awards Scholarships

The Southwest Florida Symphony Society awarded \$29,000 in scholarships to area music students at a banquet on April 6.

Vocalist Emily Swope, a senior at Ave Maria College and winner of the Marilyn Van Sickle Vocal Competition, was awarded a \$2,000 four-year scholarship, and 17-year-old violist Cassie Drake was the overall winner of the \$1,800 Jillian Prescott Music Award. Both performed at the banquet.

The Marilyn Van Sickle Vocal Competition, held every two years, is

open to high school seniors who plan on majoring in music with vocal as their principal instrument or to vocal majors in college or graduate school.

The Jillian Prescott Music Award is an annual competition for keyboard, voice and instrumental performers 12 to 22 years of age who are residents of Lee, Charlotte, Collier, Glades and Hendry counties. The overall winner performs with the Southwest Florida Symphony.

Other competition winners included Megan Burkhead, flutist; Chansik Yoon, piano; Brigid Wallace, youth voice; and Selena Masters, young adult voice. Nadia Marshall, voice; Brian Henry, percussion; Jason Gomez, piano; Mario Trejo, horn; and Noah Waddell, piano, were given \$2,000 scholarships.

Scholarship auditions are held in December and open to all high school and college students enrolled in a music program.

For information, visit swflso.org or call 418-0996.\*

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## School Smart



by Shelley M. Greggs, NCSP

**Dear Shelley,**  
My first grade daughter and I are moving to another school district soon and they have a different breakfast program that

my daughter is not used to. We get a reduced payment for school meals and it's really important that she eats there. Her new school doesn't serve breakfast in the cafeteria. Instead, the kids pick up a bag breakfast and eat in their classroom. Do you think this is a good idea? I know how important it is to eat breakfast and I am worried she won't eat in the classroom.

Laverne S., Cape Coral

**Laverne,**

You are most correct about the importance of breakfast. Educators have long recognized the importance of breakfast in helping children learn and stay focused, as eating breakfast has been linked to higher test scores and lower rates of childhood obesity. Below is some information about the positive impact of a bag breakfast, and based on this report, I bet your daughter will enjoy this new way to eat breakfast.

Many schools seem to have

difficulty getting their students to sit in the cafeteria and actually eat a breakfast. In fact, an elementary school in Virginia realized that their breakfast participation had dwindled to almost nothing and they decided to do something about it. First, they discovered the reasons that the kids weren't eating. There were three main reasons given by the kids – the kids were hesitant to eat because they were worried that they would be late to class. Reason two was many of the younger kids with fewer cafeteria skills, weren't eating because they were uncomfortable in the cafeteria due to noise, commotion and lower teacher presence in the morning. Finally, lots of the kids were embarrassed to be seen eating in the cafeteria because they knew it tagged them as poor.

To combat these reasons that the kids reported about not eating breakfast in the school cafeteria, this school came up with the grab and go idea. It's so simple – let children grab their breakfasts as they enter the building and then go straight to class with the meal. Grab and Go, implemented at the start of 2014, had dramatic results. The number of students eating school breakfast more than doubled from the start of last school year to this school year. The news spread fast and many schools have copied the idea successfully.

Getting breakfast out of the cafeteria and into the classroom has erased some of the social stigma of eating in the

classroom. According to school reports, the program also has boosted breakfast participation among wealthier students who pay full price for their meal and now "everyone" is having their breakfast in the classroom.

The program has created "a much calmer start to the day for everybody," Principal Paula Huffman said. "The kids aren't stressed about being late to class. It also has had a soothing effect for otherwise hectic mornings. Children now eat their school breakfasts during morning announcements. They no longer have to sprint to class or chug a milk carton to make it to class on time". Further, Huffman reported the classroom breakfasts have not disrupted learning, which was a concern among some teachers.

Of course some classrooms are exempt from the program. Kindergarten students still eat breakfast in the cafeteria because they need extra supervision. Students who come from classrooms that are designated food-free because of children with severe food allergies also continue to eat in the cafeteria.

School meals have been seen as a critical way to reduce childhood hunger for students who come from lower income households. More than half of public-school children nationwide qualify for free – and reduced-price meals and the majority of U.S. public school students live in poverty (Federal data 2013), so it is of the utmost importance that these kids have the

opportunity for a healthy breakfast and lunch while at school.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\*

## Passport Week

Apply for a passport during Passport Week May 16 to 21. No need to miss school or work. No appointment is necessary.

During Passport Week, the Lee County Clerk of Court's Recording Office offers extended hours on weekdays and four hours on Saturday: Monday through Friday, 7:30 a.m. to 6 p.m. and Saturday, 10 a.m. to 2 p.m. Residents can always apply for passports during regular office hours, Monday through Friday from 8 a.m. to 5 p.m. You must arrive no later than 4:30 p.m.

Review required passport documentation and fees at leeclerk.org before arriving at the office. Or call 533-5007. The Recording Office is located in the Administration Building, 2115 Second Street, 2nd Floor in Fort Myers.\*



## Florida Premiere At Theatre Conspiracy



Arlene Hutton

Theatre Conspiracy will open the Florida premiere of *RUNNING*, by Arlene Hutton on Friday, May 6 at 8 p.m. at the Foulds Theatre in Fort Myers.

Hutton is a three-time winner of the Samuel French Short Play Festival, a Francesca Primus Prize finalist and recipient of the Lippman and Calloway Awards. Her scripts are published by Dramatists Play Service, Samuel French, Dramatic Publishing and Playscripts. Residencies include the Australian National Playwrights Conference, New Harmony Project MacDowell Colony and Yaddo.

The play stars Brendan Powers and Angel Duncan, and is directed by Bill Taylor. It tells the tale of Stephen, who is preparing for his first New York City



Angel Duncan



Brendan Powers

Marathon and seeks a good night's sleep when suddenly his wife's old roommate, Emily, shows up, needing to talk. With his wife not home, will Stephen talk or sleep?

Additional performances will be held on May 7, 12, 13, 14, 20 and 21 at 8

p.m., with one Sunday matinee at 2 p.m. on May 15.

Theater Conspiracy is at 10091 McGregor Boulevard. Tickets are \$24 or \$11 for students with ID. Tickets for

Thursday performances are buy one, get one half off. Call the box office at 936-3239 or visit [theatreconspiracy.org](http://theatreconspiracy.org) for details.\*

## Alliance Hires Guest Services Coordinator

The Alliance for the Arts' newest addition is Niki Greer, guest services coordinator. Greer will be responsible for handling front office reception and administrative duties, including greeting guests and answering phones.

She was born and raised in Southern California and has a background in recreational programming and events. She moved to Fort Myers three years ago as a transfer to Florida Gulf Coast University and graduated in December, 2015 with a bachelor of science degree in Resort and Hospitality Management. Afterwards, she got to know downtown Fort Myers while completing an internship with ArtFest Fort Myers and decided she wanted to become a permanent resident of the community.

Her passions include travel, interpersonal communication and social and cultural outreach and exploration. She believes she has such a fondness for different cultures because she grew up with foreign exchange students and was fortunate enough to be one herself in Buenos Aires, Argentina and Santiago de Chile.\*



Niki Greer

From page 1

## Davis Art Center

and recording artists to join the group, perform during Music Walk and record live at the art center. It starts at 6 p.m. Membership is \$10.

Gulf Coast Leisure presents Art &

Poetry Networking, showcasing artwork of every media as well as music, spoken word, poetry and crafts on May 26 at 8 p.m. General admission is \$10.

Network with like-minded people and expand the artistic community. Held monthly on the fourth Thursday. Call 333-1933 or visit [sbdac.com](http://sbdac.com) for information.\*

From page 4

## Shakespearean Favorite

is *Twelfth Night*. I see it as a beautiful, romantic meeting of lovers interrupted by the nonsensical fumbblings of their own human nature. It's terrific and ludicrous, and heartwarming and dumbfounding, and joyous and sad. It is Shakespeare," Rizley said.

Laboratory Theater's long commitment to diversity onstage will again be seen in *Twelfth Night*, with gay, bisexual and cross-dressing characters, as well as some non-traditional casting, which supports actors who are African-American, Hispanic, female and of a broader age range in roles which would traditionally have been played by white males. Director Nykkie Rizley feels this works particularly well with *Twelfth Night* because at its core, it's a story about love and the human condition. "Since each character is telling their own story of how and who they love – something we can all relate to regardless of our race, sex or age – non-traditional casting allows us to reveal different perspectives," Rizley said.



Sir Andrew and Sir Toby Holga

*Twelfth Night* is on stage at 8 p.m. this weekend, Friday, April 29 and Saturday, April 30, as well as May 5, 6, 7. Shows are also May 1 and May 7 at 2 p.m. at the theater, 1634 Woodford Avenue in the Fort Myers River District. Doors open 30 minutes before the start of the play.

Tickets are available online at [www.LaboratoryTheaterFlorida.com](http://www.LaboratoryTheaterFlorida.com) or by calling 218-0481. At the door, tickets are \$12 for students and \$25 for adults. The theater also offers Thursday night discounts to seniors and military, at \$18.50 per ticket. Seating is limited.

The production is sponsored by the Meisenberg Family.\*



A scene from *James and The Giant Peach*

## Broadway Palm Children's Theatre

Broadway Palm Children's Theatre will present *James and the Giant Peach* in matinee shows on April 29, 30, May 4, 6, 7 and 13. This theatrical version of Roald Dahl's book shows how James is sent by his devious aunts to chop down their old tree and he discovers a magic potion which results in a giant peach. He launches a journey of giant proportions, finding himself in the middle of the giant peach along with giant insects with equally giant personalities. When the peach falls from the tree and into the ocean, the group faces a lot of problems, but thanks to James, they learn to live and work together as a family.

Broadway Palm Children's Theatre presents full-scale productions that are suitable for all ages. Most performances begin with a buffet at 10:30 a.m. and show time at 11:30 a.m. with some exceptions, when lunch is at noon and the show is at 1 p.m. The chef's special buffet includes children's favorites such as pizza, chicken fingers, french fries and pasta.

Tickets for the buffet and the show are \$19 for all ages. Group rates are available for parties of 20 or more. Tickets can be reserved by calling 278-4422, by visiting [www.BroadwayPalm.com](http://www.BroadwayPalm.com), or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.\*



dearRPharmacist

## Eight Reasons To Avoid Stearate In Your Supplements



by Suzy Cohen, RPh

### Dear Readers:

Some of you watch your gluten intake, others avoid artificial colors and sweeteners. Some of you read supplement labels, and others don't.

Today I want to teach you about "magnesium stearate."

Magnesium stearate or "Mag stearate" for short is just a chemical used by most nutritional supplement companies, and it's an additive. It acts like a lube to run machines faster, so as to increase production and therefore profits. This substance consists of magnesium and stearate which is a saturated fat. Think of it like bubble wrap around the ingredients of your supplement.

It doesn't function as a vitamin or mineral and, more importantly, it doesn't give you magnesium like the name implies. Your body requires biochemical 'work' to pop the 'bubble wrap' and split the

molecule apart into its backbone of magnesium and stearic acid. Once split, you get a negligible amount of magnesium, perhaps a couple of milligrams. So mag stearate is not a source of magnesium for your body, don't be fooled by the name. Therapeutic doses of magnesium fall into the 200 to 800 mg range. If you read the labels of your supplements and see magnesium stearate, you should know:

1. It's not a source of magnesium for your body, don't be fooled by the name.
2. It's a mechanical lubricant intended to grease machines for faster production.
3. It has no nutritional value.
4. It's an additive.
5. Sometimes sourced from genetically engineered hydrogenated oils.
6. It may affect the release time of active ingredients and slow it down
7. It may reduce bioavailability of active ingredients; certainly makes it unpredictable.
8. It's sort of like "grease" as it affects the digestive tract in sensitive folks.

The sales people at the local store are often very intelligent, but they don't always agree with me about mag stearate. Remember, it's in almost every supplement made, and concealed with aliases like stearic acid or vegetable stearate and others. Most sales clerks will tell you it's present in the supplement to give you magnesium, but as you've learned, this is not true. The one and only purpose for its use is to aid in the manufacturing process. This is not a toxic ingredient as far as I'm concerned, I'm just saying that

it's not good for you since it does not add any nutritional value, and it may hinder absorption of the ingredients. No one can agree on this.

In 2011, a World Health Organization report found cross-contaminants such as bisphenol A (BPA) and Irganox 1010 used in plastics in a few batches of mag stearate. Even though this happened once, and never again, you deserve to know. I certainly don't mean to alarm you or have you throw out every single supplement in your cupboard, but there's nothing wrong with upgrading your formulas one by one. High quality supplement makers run their machines slower so they don't need this lubricant. In the supplement world, you get what you pay for.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## Nutrition For Better Health Program

Lee Memorial Health System recognizes nutrition as an important part of a healthy lifestyle and is now offering Jumpstart, a 10-day nutrition program to promote better health

and help manage medical issues, developed by PlantPure, Inc. A kickoff of the 10-day program will be held May 4 at Gulf Coast Medical Center in Fort Myers.

The program fights grogginess, brain fog, bloating and aches and pains that are known side-effects of a poor diet. Adopting a whole food, plant-based eating plan can help. Good nutrition plays an important role in helping to keep you healthy and is a non-surgical intervention to improve chronic medical conditions.

It's never too late to combat the effects of high blood pressure, high cholesterol, digestive problems, food intolerance or other medical conditions, and after only 10 days, many people experience substantial results.

The program includes lab testing before and after the program; PlantPure Nation cookbook; PlantPure Nation movie DVD; Jumpstart DVD; 20 PlantPure whole food, plant-based frozen entrees delivered; induction warming tray; and Internet-based support, including daily video emails.

Additionally, Brian Taschner, M.D., Lee Physician Group cardiologist, facilitates the program and is available to answer any questions participants may have throughout the program.

To learn more about the program and associated costs, or to register for the May 4 kickoff, call Lee Health Solutions at 424-3121 or log onto [leememorial.org](http://leememorial.org).✱

Doctor and Dietician

## Are You Exercising, Yet Still Overweight?



by Ross Hauser, MD and Marion Hauser, MS, RD

Americans commonly report that they are exercising, perceive themselves as healthy, and yet rates of obesity are high and not going down. In our experience, most people who start an exercise program think they are exercising more than they really are. Don't get us wrong, something is better than nothing.

The Center for Disease Control and Prevention's recommendations for physical activity in adults is 30 minutes of moderate intensity aerobic activity (brisk walking) five days per week or 15 minutes of vigorous intensity aerobic exercise (jogging or running) in addition to two or more days per week of

muscle-strengthening activities. They go on to recommend even more exercise for greater health benefits, such as 300 minutes a week of moderate-intensity activity or 150 minutes per week of vigorous-intensity activity. While many patients we see at our office are not at this level of exercise, it is something to shoot for. The Doctor and Dietitian try to do some form of exercise every day. Sometimes we are training for an event, but the main reason we exercise is for the health benefits.

Talk to your doctor first if you have not been exercising. Then, when you start exercising or if it's more convenient, you can do short spurts, such as 10 minutes here, 15 minutes there. Each action by itself may not seem like much, but they add up. Once you're in better shape, you can gradually exercise for longer periods of time and do more strenuous activities.

It's also not just about the exercise, but also about the food we eat. One of our favorite sayings is, "Never underestimate the power of food!" Most diseases can be prevented by eating healthy. The combination of healthy eating and physical activity is an even greater combination.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✱

## Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

I was shocked by the voice on the other end of my phone. My cousin, who had loved and cared for his wife for 10 years prior to her death from Alzheimer's disease, apparently was calling to reconnect.

Five years ago, three years after her death, I suggested it was time for him to get on with his life and maybe start socializing with mixed groups and especially women. He was furious that I would even suggest such a thing. I called once but

realized that he was still annoyed, so I did not call again and he didn't call me.

This year, he called – very friendly and concerned about what I was doing, then he told me that he had a girlfriend. I was thrilled for him and told him so, then he said, "And then I have your permission?"

"Oh yes," I said, "I am thrilled for you." I guess after all these years he is now ready. What do you think?

Virginia

### Dear Virginia,

Many older people feel that to have happiness after the death of their spouse is a betrayal of the love of their deceased spouse. Increased longevity has extended our lives and society no longer expects us to stay forever in mourning.

I think you have been very caring for your cousin, and now he appears to be able to reach out and hopefully find some happiness.

Lizzie

### Dear Virginia,

I am sure that you had the best of intentions; you know the old adage about good intentions. People grieve on their own time schedule and in their own way. After the loss of a relationship through death or divorce, finding another relationship is not the only solution nor the most appropriate.

Support your cousin as best you can. Whatever you do, do not ever revisit your discussion a few years ago as if to say, "I told you so."

Pryce

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✱



# DID YOU KNOW

## TRIVIA TEST

1. GEOGRAPHY: On what continent is the nation of Sierra Leone located?
2. TELEVISION: Which TV character was known for the saying, “Live long and prosper”?
3. GENERAL KNOWLEDGE: Which of Santa’s reindeer comes first, alphabetically speaking?
4. MEASUREMENTS: What is the time frame indicated in “circadian rhythm”?
5. MATH: How many sides does a heptagon have?
6. MUSIC: What was the Oscar-winning theme song of “The Poseidon Adventure”?
7. COMICS: What company created “Avengers,” “Spider-Man” and “Hulk”?
8. HIGHER ED: What private university’s main campus is in South Bend, Indiana?
9. ASTRONOMY: What was the first planet to be discovered using the telescope?
- 10.MEDICAL: What is the focus of oncology?

## ANSWERS

1. Africa 2. Mr. Spock, “Star Trek” 3. Blitzen 4. 24 hours 5. Seven 6. “The Morning After” 7. Marvel 8. Notre Dame 9. Uranus 10. Cancer

## My Stars★★★★

### FOR WEEK OF MAY 2, 2016

**ARIES** (March 21 to April 19) Temper your typical Aries urge to charge into a situation and demand answers. Instead, let the Lamb’s gentler self emerge to deal with a problem that requires delicacy.

**TAURUS** (April 20 to May 20) You are aware of what’s going on, so continue to stand by your earlier decision, no matter how persuasive the counter-arguments might be. Money pressures will soon ease.

**GEMINI** (May 21 to June 20) By all means, have fun and enjoy your newly expanded social life. But don’t forget that some people are depending on you to keep promises that are very important to them.

**CANCER** (June 21 to July 22) You need to wait patiently for an answer to a workplace problem and not push for a decision. Remember: Time is on your side. A financial matter needs closer attention.

**LEO** (July 23 to August 22) You now have information that can influence that decision you planned to make. But the clever Cat will consult a trusted friend or family member before making a major move.

**VIRGO** (August 23 to September 22) Good news: You’re finding that more doors are opening for you to show what you can do, and you don’t even have to knock very hard to get the attention you’re seeking.

**LIBRA** (September 23 to October 22) Your gift for creating order out of chaos will help you deal with a sudden rush of responsibilities that would threaten someone less able to balance his or her priorities.

**SCORPIO** (October 23 to November 21) Congratulations. Your energy levels are coming right back up to normal -- just in time to help you tackle some worthwhile challenges and make some important choices.

**SAGITTARIUS** (November 22 to December 21) The sage Sagittarian should demand a full explanation of inconsistencies that might be cropping up in what had seemed to be a straightforward deal.

**CAPRICORN** (December 22 to January 19) A conflict between obligations to family and to the job can create stressful problems. Best advice: Balance

your dual priorities so that one doesn’t outweigh the other.

**AQUARIUS** (January 20 to February 18) Don’t guess, speculate or gossip about that so-called mystery situation at the workplace. Bide your time. An explanation will be forthcoming very soon.

**PISCES** (February 19 to March 20) Boredom might be creeping in and causing you to lose interest in a repeat project. Deal with it by flipping over your usual routine and finding a new way to do an old task.

**BORN THIS WEEK:** You can warm the coldest heart with your lyrical voice and bright smile. You find yourself at home, wherever you are.

## THIS WEEK IN HISTORY

• On May 4, 1776, Rhode Island, the colony founded by the most-radical religious dissenters from the Puritans of Massachusetts Bay Colony, becomes the first North American colony to renounce its allegiance to King George III. Ironically, Rhode Island would be the last state to ratify the new American Constitution.

• On May 8, 1792, Congress passes the second portion of the Militia Act, requiring that every free able-bodied white male citizen between the ages of 18 and 45 be enrolled in the militia.

• On May 7, 1915, the British ocean liner Lusitania is torpedoed without warning by a German submarine off Ireland, sinking within 20 minutes. More than 1,100 people perished, including more than 120 Americans, hastening the U.S. entry into World War I.

• On May 2, 1939, New York Yankees first baseman Lou Gehrig benches himself for poor play and ends his record streak of consecutive games played at 2,130. Gehrig was the first major-league player to have his uniform number retired.

• On May 5, 1961, from Cape Canaveral, Florida, Navy Commander Alan Shepard Jr. is launched into space aboard the Freedom 7 space capsule, becoming the first American astronaut to travel into space. The suborbital flight lasted 15 minutes and reached a height of 116 miles.

• On May 6, 1970, hundreds of colleges and universities across the nation shut down as thousands of students join a nationwide campus protest. The pro-

## SPORTS QUIZ

1. In 2014, the Nationals’ Bryce Harper became the sixth player in major-league history to have at least 50 homers and 30 steals through his age-21 season. Name three of the other five.
2. Twice during the 1960s, two pitchers won Cy Young Awards and faced each other in the World Series in the same year. Name either duo.
3. Ken Niumatalolo is the winningest football coach in Navy history (68 wins entering 2016). Who is No. 2?
4. How many consecutive winning seasons have the San Antonio Spurs had under head coach Gregg Popovich?
5. Wayne Gretzky holds the top two records for fastest to 50 goals in a season (39 games, 42 games). Who is third?
6. Name the last male skier to win six slaloms in a World Cup season before Norway’s Henrik Kristoffersen in 2016.
7. Who was the first African-American golfer to get full-time playing privileges on the PGA Tour?

## ANSWERS

1. Orlando Cepeda, Ken Griffey Jr., Alex Rodriguez, Andruw Jones and Mike Trout. 2. Denny McLain and Bob Gibson, 1968; Mike Cuellar and Tom Seaver, 1969. 3. George Weis, with 55 wins (1973-81). 4. Nineteen seasons. 5. Mario Lemieux did it in 46 games in 1988-89. 6. Italy’s Alberto Tomba, in 1994-95. 7. Charlie Sifford, in 1961.

tests were a reaction to the shooting of four students at Kent State University by National Guardsmen during an anti-Vietnam War demonstration.

• On May 3, 1986, 54-year-old Willie Shoemaker, aboard Ferdinand, becomes the oldest jockey ever to win the Kentucky Derby. Even as a full-grown man, “Shoe” was just 4 feet 11 inches tall and 98 pounds.

## STRANGE BUT TRUE

• A proverb of unknown origin states, “The length of a piece of wood can only be too short on one end.”

• Scotsmen and their descendants make up almost half of the signers of the Declaration of Independence, and almost three-quarters of American presidents.

• An adult human has 60,000 miles of blood vessels.

• There was a scientist once who made it his mission to taste as many different kinds of meat as he possibly could. In his opinion, the worst tasting was mole meat. I won’t argue. There probably aren’t very many people who would be willing to gain enough experience in that field to be able to debate the matter.

• Hong Kong has more Rolls Royce cars per capita than any other city in the world.

• The main cabin of Air Force One, the airplane in which the president flies, is 4,000 square feet. That’s more than many people’s homes. Air Force One has seven bathrooms and 16 TVs. And there is enough food aboard to serve 2,000 meals.

• There is a popular, bright green melon liqueur, “Midori,” which is used to make fruity drinks such as melon balls. The name is very descriptive -- in Japanese, “midori” means “green.”

• Most people know that a human has 46 chromosomes, but how do we compare to other living things? Not surprisingly, an ant has only two. A fruit fly has eight. A garden pea has 14. Your pet dog has 78. And a garden fern? It has 1,260 chromosomes!

• The state with the highest percentage of people who walk to work is Alaska.

## THOUGHT FOR THE DAY

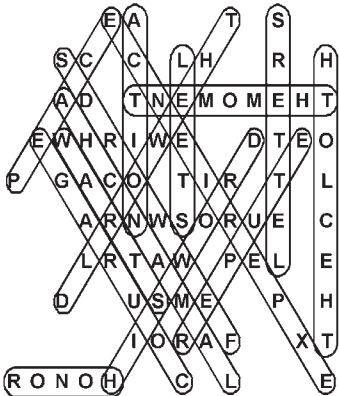
“Reading the fine print may give you an education -- not reading it will give you experience.” -- V.M. Kelley

## PUZZLE ANSWERS

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### MAN OF —







**Cucumber, Tomato and Radish Salad With Citrus Dressing**

2 tomatoes, seeded and chopped fine  
2 cucumbers, peeled, seeded, and chopped fine  
3/4 pound radishes, trimmed and chopped fine  
2 tablespoons fresh lemon juice  
2 tablespoons fresh lime juice  
1 clove garlic, mashed to a paste with 1/4 teaspoon salt  
1/4 cup virgin olive oil  
1/3 cup cilantro finely chopped, or to taste  
6 scallions, sliced thin  
In a large bowl whisk together the juices and garlic paste, add the oil in a steady stream, and whisk the dressing until it is emulsified. Whisk in the chopped cilantro and salt and pepper to taste. Add the tomatoes, cucumbers, radishes, and the scallions, toss the salad to combine it well, and garnish the dish with the leftover cilantro sprigs.\*\*



Cucumber, Tomato and Radish Salad With Citrus Dressing

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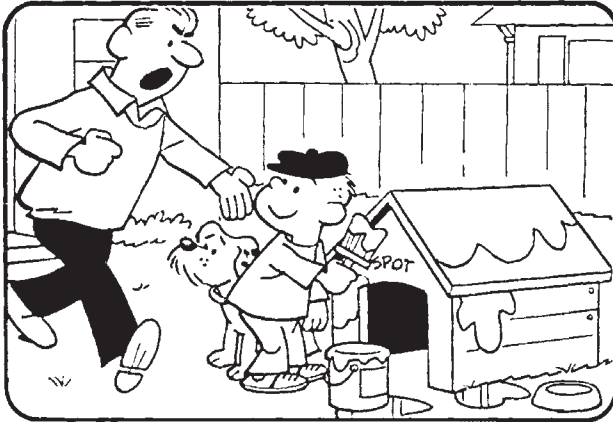
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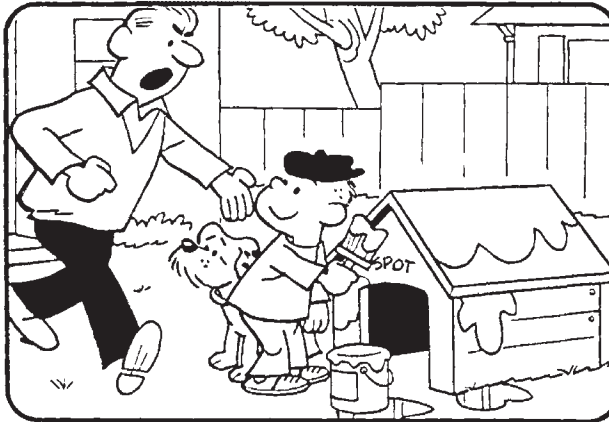
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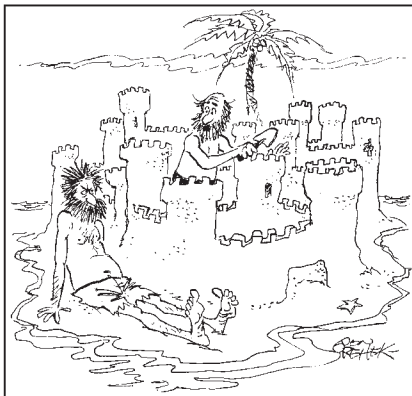
FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Arm is moved. 2. Neckline is different. 3. Fence section is lower. 4. Cap is reversed. 5. Paint can is reversed. 6. Dish is missing.

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"No wonder you're bored!"

What you need is a \_\_\_\_\_ !"

Pattern

Toulay

Blast

STURB

Pester

HOTBER

Object

POTTERS

**TODAY'S WORD**

answer on page 29

**PUZZLE ANSWER****SUDOKU**

6	5	7	3	9	1	2	4	8
1	4	3	2	5	8	9	7	6
9	8	2	6	4	7	3	1	5
5	1	4	7	6	3	8	9	2
2	6	9	5	8	4	7	3	1
3	7	8	1	2	9	6	5	4
4	9	6	8	3	5	1	2	7
7	2	5	9	1	6	4	8	3
8	3	1	4	7	2	5	6	9

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New kitchen and all new appliances. Price  
to be negotiated depending on tenancy.  
Near beach and Ding Darling.  
Call Dustin at 207-720-0330.  
\*NS 4/22 CC 5/13

## SERVICES OFFERED

### WANTED, SUMMER NANNY POSITION

Available May 1. Mature adult,  
Retired teacher, CPR/first aid cert.  
Love working with children.  
call 606-615-0295  
\*NS 4/29 CC 5/6

### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and  
Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
scarnatolawn@aol.com  
\*RS 1/25 BM TFN

### CAREGIVER

Caregiver CNA lic., 16 years experience.  
F.I.S.H. background check/referral.  
Sanibel references. Shop, pet care, meal  
prep., med. mgt., housekeeping, etc.  
Sheila - 239-850-7082.  
\*NS 10/16 CC TFN

### SANIBEL HOME WATCH

Retired Police Captain  
Lives on Sanibel  
Will Check Your Home Weekly  
Very Reasonable Rates  
(239) 728-1971  
\*RS 1/4 BM TFN

### HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction  
Sanibel & Captiva • 239-565-0471  
Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

### HOME AND PERSONAL SECURITY

Retired FBI Agent / FBI Executive /  
FBI Contract Employee.  
Will provide for all security needs in  
Captiva / Sanibel / Fort Myers.  
Resume and references  
will be provided upon request.  
(412) 860-8694  
adams0314@hotmail.com  
\*NS 3/11 CC 5/6

### SANIBEL BLUE FINANCIAL

Need help with paying your bills?  
Getting your mail?  
Organizing your pre-tax worksheets?  
What about someone to  
organize your desk?  
Call an insured and bonded  
professional in to help:  
Debi Almeida offers  
personal assistance for you.  
(Discreet and Trustworthy)  
Call her today to meet  
239-839-6443.  
\*RS 3/11 CC 4/29

## SERVICES OFFERED

### ROGER NODRUFF ELECTRIC

Lic# EC12002788.  
Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
Office & Store Maint.  
\*RS 6/7 CC TFN

## HELP WANTED

### NEWSPAPER PRODUCTION

Full or part time on Sanibel.  
Must be detail oriented, proficient in  
InDesign, and experienced in  
ad building and pagination.  
Email resume to islandsunlorin@aol.com.  
\*NS 4/22 NC TFN

### RETAIL SALES

MARINA SPORTSWEAR STORE  
LOOKING FOR ENERGETIC SALES  
PERSON FULL OR PART TIME  
CALL CINDY 239-472-5161 X444  
\*NS 4/8 CC TFN

### JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or  
Waiters with open availability Monday  
through Sunday. If interested call  
and ask for Kim 472-9300.  
\*NS 5/29 CC TFN

### ASSISTANT MANAGER

Resort and Marina seeks Assistant  
Manager. Excellent pay and benefits.  
(239)-470-5389.  
\*NS 4/22 CC 4/29

## TO PLACE A CLASSIFIED LOG ONTO:

**IslandSunNews.com**

CLICK ON  
**PLACE CLASSIFIED**



CLASSIFIEDS ★ CLASSIFIEDS

BOATS - CANOES - KAYAKS

**DOCKAGE**  
Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

GARAGE • MOVING • YARD  
SALES

**MOVING SALE**  
Quality furniture, beautiful antiques,  
wicker, art, queen size icomfort bed with  
remote, king size bed, much much more.  
Address:1211 Periwinkle Way, Sanibel.  
Saturdays 9-2 or call 859-492-7649  
\*NS 4/22 CC 5/13

VEHICLES FOR SALE

**GOLF CART FOR SALE**  
  
Street legal, "gas" powered.  
\$6,500. 239-209-6500  
\*RS 1/22 BM TFN

**GARAGE SALE**  
Household items, glassware, tools,  
furniture, artwork and more.  
4515 Bowen Bayou Road ,Sanibel  
Friday 4/29-Saturday 4/30  
9 a.m.-2 p.m.  
\*NS 4/29 CC 4/29

**HUGE SALE**  
Antiques, Star Wars, Star Trek,  
NFL, Purses, Women's Clothes,  
5 Flat Screen Monitors, Books,  
Silver Sea Life Jewelry, Furniture  
SAT April 30, 8:30 645 Donax Street  
\*NS 4/29 CC 4/29

SCRAMBLERS

*solution*  
1. Layout; 2. Burst;  
3. Bother; 4. Protest  
  
*Today's Word*  
**HOBBY**

**YARD SALE**  
Misc. Household Items.  
Sat. April 30, 9 am to 1 pm.  
9406 Sage Court, Gumbo Limbo  
off Dixie Beach. No Early Birds.  
\*NS 4/29 CC 4/29



Little blue heron photo by Meg Rousher

Bird Patrol Walks

Experience the beautiful birds of Bunche Beach with a bird patrol guide on Wednesday, May 4 at 5 p.m. Participants meet on the beach, located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it deadends. Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Birders may also see other waterfowl, raptors and warblers. Provided in cooperation with Lee County Parks and Recreation, this bird patrol outing is free with the parking fee of \$2 per hour (tour is approximately two hours). Restrooms are located in the building near the first parking lot. Participants should bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water as well as your curiosity and love of nature.

For more information, call 707-3015 or visit [www.birdpatrol.org](http://www.birdpatrol.org). There is a Morning Meander at Lakes Park, a free nature walk with a bird patrol guide, on Saturday, May 7 beginning at 8 a.m. at Lakes Regional Park, 7330 Gladiolus Drive in Fort Myers. Participants meet at Shelter A7. Enter the Lakes Park gate from Gladiolus and turn right. Drive to the end of road and continue through the parking lot. Shelter A7 is located near the train station. This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Birders should wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars. For more information, visit [www.birdpatrol.org](http://www.birdpatrol.org) or call 533-7580 or 533-7576. This tour, provided in cooperation with Lee County Parks and Recreation, is free with paid parking.✪

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes and Bounds	Sanibel	1987	3,252	\$3,800,000	\$3,400,000	54
Alva	Alva	1967	6,585	\$3,695,000	\$3,400,000	10
Bellagio at The Colony	Estero	2002	3,839	\$1,399,000	\$1,399,000	0
Bayview	Captiva	1972	1,809	\$1,175,000	\$1,105,000	220
Woodlake At Bonita Bay	Bonita Springs	1989	3,068	\$1,089,000	\$1,030,000	18
The Shores	Fort Myers	2013	3,000	\$988,000	\$950,000	31
Arezzo	Bonita Springs	2006	3,526	\$919,000	\$885,000	61
Edgewater	Fort Myers	1996	3,050	\$849,000	\$807,500	141
Paseo	Fort Myers	2013	3,157	\$829,990	\$806,940	681
Palm Isles	Fort Myers Beach	1996	2,988	\$799,900	\$775,000	123

Courtesy of Royal Shell Real Estate





Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
<b>ARTS</b>	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
<b>CLUBS &amp; ORGANIZATIONS</b>	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
<b>Kiwanis Clubs:</b>	
Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
<b>Lions Clubs:</b>	
Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
<b>AREA ATTRACTIONS</b>	
Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:  
press@riverweekly.com

	5			9		2		
		3	2					6
9	8				7		1	
		4			3	8		
	6			8				1
3			1				5	
4					5			7
		5	9			4		
	3			7			6	

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hello, my name is Madalia. I'm a 2-year-old spayed female tan Florida Curr. M is for mystery, the part of her that cannot be explained. A is for affectionate! D is for dependable. A is for adorable. L is for loving. I is for impress, for impress she will. A is for Amazing. Words cannot describe how truly wonderful this dog is. My adoption fee is \$75 (check out special adoption deals on April 30, which is National Adopt A Shelter Pet Day).



Madalia ID# 654802

Hello, my name is Julie. I'm a 2-year-old spayed female domestic short hair. I am a beautiful tabby girl with gold highlights in my fur. I am very friendly and will purr loudly whenever I sit with you. I would like a caring home where I can be someone's "one and only" love. I will shower you with all my attention. My adoption fee is \$50 (check out special adoption deals on April 30, National Adopt A Shelter Pet Day).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

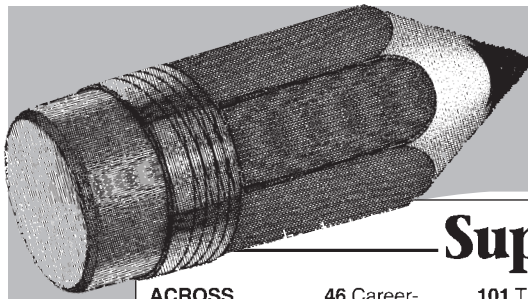
All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Julie ID# 656968





# BEACH CHAIR PASTIME

answers on page 25

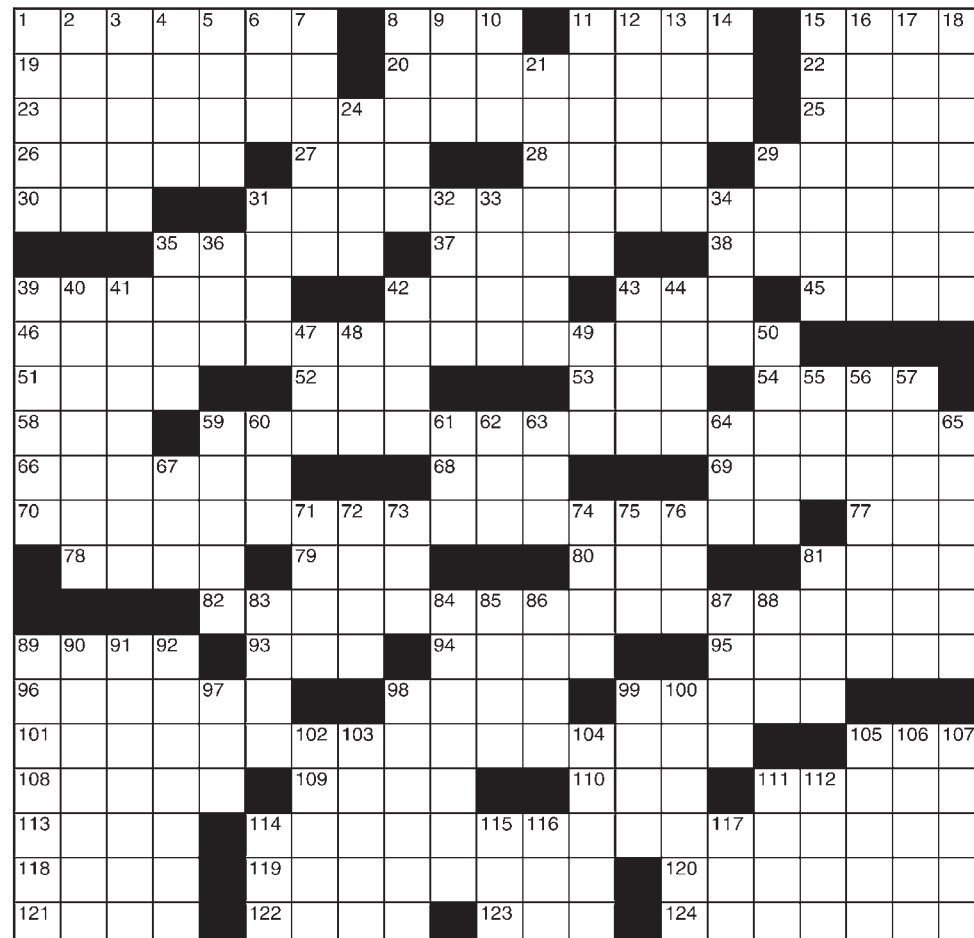
## Super Crossword BIG MIX-UPS

### ACROSS

- 1 Place a call incorrectly  
 8 "Alley —!"  
 11 — toe in the water  
 15 Spat  
 19 1979 Michael Caine film  
 20 Sergeant's inferior  
 22 Arab leader  
 23 Had a different opinion  
 25 Court plea, for short  
 26 "— the Greek" (1964 film)  
 27 Average mark  
 28 French department  
 29 Ax parts  
 30 Mel of the old Giants  
 31 1954 hit song with a biblical title  
 35 Cyberspace letters  
 37 Sigh of satisfaction  
 38 Lott of football  
 39 Valued highly  
 42 "The Thing" star Russell  
 43 Lose vigor  
 45 Ship out  
 46 Career-completion celebrations  
 51 Canadian station name  
 52 Spanish arena cry  
 53 A — (slightly)  
 54 Haughtiness  
 58 "So it's you!"  
 59 Bank offering for creditworthy customers  
 66 Focuses in college  
 68 Kochi sash  
 69 Quarterback  
 70 Like some high-quality models  
 77 "I'm cold!"  
 78 Bidding site  
 79 180 degrees from SSE  
 80 — Lingus  
 81 Film director  
 82 Formation of new areas of oceanic crust  
 89 Mane locale  
 93 In the past  
 94 Minimal tide type  
 95 Sudden pain  
 96 Oblong pastry  
 98 Bards' dusks  
 99 Weight revealer  
 101 Trainers looking for pins  
 105 Clumsy ship  
 108 Ticket details  
 109 Regular pay  
 110 Stable scrap  
 111 "Along — spider ..."  
 113 With 11-Down, settled for  
 114 Takes a defensive position  
 118 New — (Enya type)  
 119 Kiss  
 120 Divert  
 121 Actors Beatty and Sparks  
 122 Bodega, e.g.  
 123 Profs' helpers  
 124 Any of four long pairs featured in this puzzle  
 8 Band of eight  
 9 Sound of awe  
 10 Med lead-in  
 11 See 113-Across  
 12 Dubliners, e.g.  
 13 1990s Toyota  
 14 Bar brew  
 15 Bone attachments  
 16 Coca of comedy  
 17 Enters one following another  
 18 Iced  
 21 Like some even distributions  
 24 Eye, to Yves  
 29 Inflated self  
 31 Walk in shallow water  
 32 — monde (high society)  
 33 Old West's Wyatt  
 34 Hankering  
 35 Italian opera singer Pinza  
 36 Debussy's "La —"  
 39 Piece of audiophile equipment, briefly  
 40 Divvy up again  
 41 "This pays the rent, at least"  
 42 Leg part  
 43 Sirius, say  
 44 Adjutant  
 47 "Li'l ol' me?!"  
 48 Shade tree  
 49 Artery: Abbr.  
 50 Composer Erik  
 55 Nettle  
 56 "— Rose" (Nat King Cole hit)  
 57 Eyeballing  
 59 Victimize, with "on"  
 60 Blog feed inits.  
 61 Electrojet bit  
 62 Heat's org.  
 63 Up to, informally  
 64 Downcast  
 65 Anger greatly  
 67 One — kind  
 71 Hose hitch  
 72 Lowdown  
 73 Barn hooter  
 74 Shocked reaction  
 75 Sales staffer  
 76 Opp. of departure  
 81 Falco of "Oz"  
 83 English peer  
 84 Amoeba  
 85 Wine: Prefix  
 86 Tabula —  
 87 Greek vowels  
 88 Painted tool  
 89 Ted Koppel, for one  
 90 Area of a plot of land  
 91 Petitioned  
 92 Events after Lents  
 97 Cheez- — (crackers)  
 98 Breakfast china item  
 99 Old Iranian VIP  
 100 Et — (and so forth)  
 102 "In my dreams!"  
 103 Stupor: Prefix  
 104 Fowl sheds  
 105 "My Cherie —"  
 106 Oscar de la —  
 107 Casey of countdowns  
 111 Irene of "Fame"  
 112 Awestruck  
 114 Trig function  
 115 Have chow  
 116 RR depot  
 117 — Ho Lee (scientist in 2000 headlines)

### DOWN

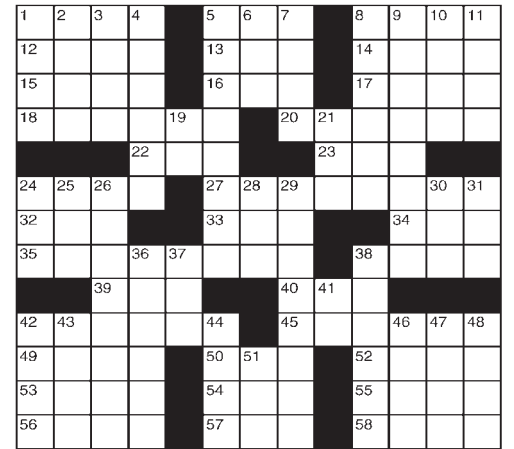
- 1 Seder bread  
 2 "— the Sheriff"  
 3 Terse  
 4 Paint crudely  
 5 Sitcom actress  
 6 NCAA part: Abbr.  
 7 Nutlike  
 8 Chinese fruit



## King Crossword

### ACROSS

- 1 Frosty's "eyes"  
 5 Family member  
 8 Burden  
 12 Earthen pot  
 13 Alias abbr.  
 14 Crooner  
 15 Uncategorized (Abbr.)  
 16 Journey segment  
 17 Sicilian spouter  
 18 Bet collector  
 20 Of a heart chamber  
 22 Mag. staffers  
 23 Big bother  
 24 Channel marker  
 27 Re movement  
 32 Cleo's slayer  
 33 "Hail!"  
 34 Life time?  
 35 Sane  
 38 Trudge  
 39 Charged bit  
 40 Eco-friendly org.  
 42 Homes  
 45 Froot Loops spokesbird  
 49 Hindu princess  
 50 Blond shade  
 52 Appellation  
 53 Country that's an anagram of 49-Across  
 54 Carnival city  
 55 Cornfield intruder  
 56 Skilled  
 57 B&B  
 58 Pianist Dame Myrat  
 59 servant  
 60 Willy Loman, e.g.  
 61 A Turner  
 62 Long story  
 63 Exaggerate  
 64 Countrywide  
 65 Arm bone  
 66 Close tightly  
 67 Freudian concept  
 68 Skater  
 69 Babilonia  
 70 Prohibit  
 71 Oft-chanted initials  
 72 Not necessary  
 73 Eggs  
 74 On-air fund  
 75 raiser  
 76 Way back when  
 77 Started  
 78 Cut remedy  
 79 Indivisible  
 80 Beer belly, maybe  
 81 Italian river  
 82 Met melody  
 83 Zinger  
 84 Garment for 49-Across  
 85 Give a darn  
 86 Old Testament book  
 87 Information  
 88 Sermon subject



## MAGIC MAZE ● MAN OF —

D L I G D B Y W T R P M K I F  
 D B Y W U E A S Q O T M S K I  
 F D B S C Z C X L H W U R S H  
 Q O N A D L T N E M O M E H T  
 J H E W H R I W E F D D T E O  
 C P A G A C O Y T I R W T V L  
 T S Q P A R N W S O R U E N C  
 L K I H L R T A W N P E L F E  
 E C B D Z Y U S M E A W P V H  
 U S R Q P N I O R A F E M X T  
 L R O N O H J I C H L F M E E

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Action	His word	Peace	The cloth
Courage	Honor	Repute	The moment
Experience	La Mancha	Steel	The world
Few words	Letters	Straw	





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